

ROTHERHAM BOROUGH COUNCIL – REPORT TO MEMBERS

1.	Meeting:	Children and Young People’s Services Scrutiny Panel
2.	Date:	3rd September 2010
3.	Title:	Aiming High for Disabled Children – Short Breaks Services
4.	Directorate:	Children & Young People’s Services

5. Summary

Aiming High for Disabled Children (AHDC) is the Government’s transformation programme for disabled children’s services in England. A Strategic Vision for the AHDC programme, along with a Needs Assessment, Commissioning Strategy and spending plan for Year 1 of the Short Breaks programme were received by Children & Young People’s Scrutiny Panel on July 24th 2009. This report, as requested by Scrutiny Panel on July 24th 2009, gives an update on Rotherham’s delivery of the AHDC National Core Offer (NCO), summarises the outcomes of the first year of the AHDC Short Breaks programme in Rotherham and progress towards achieving the Short Breaks Full Service Offer (FSO).

6. Recommendations:

- **To receive the Report and provide comment on the proposals**
- **To provide scrutiny on the delivery of the Short Breaks programme**

7. Proposals and Details:

The AHDC programme requires Local Areas to put families and their children at the heart of short break developments so as to ensure that short breaks are comprehensive in scope and provide more personalised opportunities. To ensure this occurs AHDC requires Local Areas to provide the National Core Offer.

The National Core Offer comprises 5 elements grouped under 3 headings:

- **Information and Transparency**
- **Assessment**
- **Participation and Feedback**

Delivery of the Aiming High for Disabled Children National Core Offer is monitored through the new National Performance Indicator 54 – Services to Disabled Children. The indicator is informed by a survey of parents of disabled children who are asked to indicate their satisfaction against the NCO elements in respect of Education, Social Care and Health Services. The survey was conducted in a restricted number of Local Areas in 2008-09 and in all areas in 2009-10. Rotherham was rated at 60% satisfaction, 1% below the national average. A comprehensive strategy is in place to ensure that all families of disabled children have all the information they need in order to make an informed response in the event of their being included in the next survey.

The AHDC Short Breaks programme also requires local areas to provide a Full Service Offer. A short break is a break from caring responsibilities for the parent or carer of a disabled child or young person. It must also be a good quality, positive activity that a disabled child or young person attends without their primary carer. Short breaks include day, evening, overnight or weekend activities and can take place in the child's own home, the home of an approved carer, or a residential or community setting.

Short breaks normally occur on a regular and planned basis and should be part of an integrated programme of support which is regularly reviewed. Short break provision can however, also be provided on an emergency basis.

The Full Service Offer seeks a radical expansion in the availability, quality, content and experience of short term breaks for disabled children and their families. It seeks to enhance and expand existing residential and family based overnight short break services to include breaks which may last a few hours or a few days and could be delivered in a variety of settings at home, in the community or in specialist provision.

Progress towards the Full Service Offer is monitored by DCSF through the national charity Together for Disabled Children against four Programme Objectives which have to be achieved by March 2011. These are:

- To base service provision on the identified needs of all eligible disabled children / young people and their families
- To significantly increase the volume and range of short break provision
- To significantly improve access to short break services
- To improve the quality of short break experiences for disabled children and young people

Rotherham is rated as on track against all the four Programme Objectives.

A summary and evaluation of the delivery of the Year 1 of Aiming High for Disabled Children short break programme is attached at Annex 1.

The updated Needs Assessment is attached at Annex 2 and the Commissioning Strategy for Year 2 at Annex 3

8. Financial Implications

Significant additional funding has been allocated to Local Areas to support the extension and improvement of short break provision. This consists of both revenue and capital funding as shown in Table 1.

Table 1: AHDC Short Break Funding Allocation for Rotherham

Revenue			Capital		
2008/09	2009/10	2010/11	2008/09	2009/10	2010/11
£60,000	£345,100	£1,113,300	0	£171,600	£400,500

The 2008-09 financial year was identified by the DCSF as the preparatory phase for the AHDC Short Breaks programme. All Local Authorities were tasked with meeting the Readiness Criteria for which a £60,000 revenue allocation was received. Having met these criteria, the 2009-10 grant was allocated and its deployment monitored. Rotherham's success in deploying AHDC funding was such that funding for additional projects was received. The additional allocation was the highest of any Local Area. The 2010-11 grant has been allocated and the commissioning process is in place.

NHS Rotherham has committed funding to the AHDC programme in both 2009-10 and in 2010-11. The close working partnership between RMBC and NHS Rotherham has been recognised at regional and national level.

9. Risks and Uncertainties

The AHDC Grant will continue to be allocated from April 2011 as part of the Area Based Grant with the expectation that the level of short break provision in place as of March 2011 will be sustained.

Consideration will be given during 2010 – 2011 to the degree to which new short break provision commissioned through the AHDC programme may become self-financing from April 2011. No activity has been commissioned beyond March 31st 2011 in order to allow for this planning to take place.

10. Policy and Performance Agenda Implications

A statutory duty to provide short breaks for disabled children and their families comes into effect from April 2011. This is supported by Statutory Guidance which includes the duty to ensure sufficiency in which a local authority must prepare and publish an assessment of the sufficiency of provision of such services.

Delivery of the Aiming High for Disabled Children National Core Offer is monitored through the new National Performance Indicator 54 – Services to Disabled Children.

Delivery of the Full Service Offer, including sustaining the extended range of provision identified by the Needs Assessment in line with the statutory sufficiency duty, meets the One Council Priority of Supporting and Protecting Vulnerable People.

11. Background Papers and Consultation

Children & Young People's Scrutiny Panel Report 24.7.09
Paper to Cabinet Member meeting on 26th November, 2008
Paper to Cabinet Member meeting on 25th February, 2009
Short Breaks Full Service Offer Staged Progression Framework
AHDC NI54 Results for Rotherham November 2009
Regulations, and Associated Statutory Guidance, for Local Authorities to Provide Short Breaks for Carers of Disabled Children and Young People, DCSF 2010
Rotherham AHDC Year 1 Evaluation Report (see Appendix 1)
Rotherham AHDC Needs Assessment updated 2010 (see Appendix 2)
Joint Commissioning Strategy for Short Breaks 2009 – 2012 updated 2010 (see appendix 2)

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Annex 1

AHDC Summary of Year 1 Key Achievements – 2009/10

Developing existing provision:

Continuing Care Team – Continuing care package, children receive between 9 and 12 hour night shifts plus 6 hours per week respite care during the day. Jointly funded by NHS Rotherham and AHDC to develop the service this year.

Respite Care Team - Service is provided throughout the day until 10pm at night and also during holidays and weekends (Newman Bungalow). Jointly funded by NHS Rotherham and AHDC to develop the service this year.

Families Together – Service is provided 1-2 hours (short term support) to enable a parent to complete a task for this time span such as shopping or brief meetings; 2-4 hours where carers offer this frequency on an ongoing basis as an agreed level or to build toward the possibility of an overnight stay. Increased funding this year from AHDC for additional foster carers and a dedicated social worker to develop and expand the service.

Orchard Centre - Cherry Tree House - A Short Break service which offers over night stays, primarily 24hr/7days a week. Full available capacity of the centre is 5 beds + 1 emergency per night (5 x7 plus 1x7 = 42 beds per week). Cherry Tree House possesses a dedicated staff team eager and willing to diversify in order to meet the changing needs of service users.

Orchard Centre - Bramley House - A short term break unit which provides short breaks for six young people with physical and/or sensory disabilities with the provision of one emergency bed. The service provides an opportunity for the young person to spend time away from home in an environment which is appropriate to their needs. In February 2010 Bramley House underwent extensive refurbishment due to capital funding from AHDC which now enables the unit to provide respite for a wider range of children with complex needs.

Orchard Centre - Outreach Service - Provides respite care from their own premises and out in the community of between 2-4 hours a day. The Outreach Service is available to the young people on weekdays after school hours and during weekends. During the school holidays the service has the flexibility to ensure that young people can access facilities during the day time. Family support is offered through Family Support workers, family workshops and Post Diagnosis Support. Three additional Family Support workers have been funded through AHDC this year.

Newly commissioned services for 2009 - 2010

RMBC Youth Service - Elephant In Step (Summer Activity) - This is a week long summer school for 20 young people with disabilities age 13 to 18.

Activities include dance, drama and visual arts.

RMBC Youth Service - Elephant In Step (Weekday Evening Activity) -

Youth club for young people with disabilities age 13-18. Takes place on the third Thursday of every month 7pm to 10pm. Activities include disco, arts and crafts, karaoke and games. Transport is provided for the young people if required.

RMBC Youth Service - Habershon House Residential - A residential project to provide group based Short Breaks in the school summer holiday period for young people in 'Group A' and their immediate families, at Habershon House in Filey. 3 night, 4 day residential, transport provided.

Autism Communication Team (ACT) - Youth Club for young people aged 13 to 18 years old diagnosed with Autism Spectrum Disorder (ASD). Takes place 6:30pm to 8:30pm every Tuesday at Winterhill Young People's Centre in Kimberworth and every Thursday at Maltby Linx Youth Centre in Maltby. Opportunity for young people to play games, have fun, relax and meet other young people.

KIDS - Haven Holidays – This trial project is called 'Giving Short Breaks a little extra' which aims to provide families with a Short Break whilst on holiday. The scheme involves a family holiday at one of two Haven holiday parks (Primrose Valley in North Yorkshire or Church Farm in Sussex) with between 10-20 hours of Short Break care and support being provided to the family whilst they are there. 3, 4 or 7 night holidays are available.

Kelford and Hilltop Federation - Aimed at pupils aged 13 to 18 to have a weekly 3 hour after-school Short Breaks session at either Kelford or Hilltop schools. Activities will include pool, snooker, TV, computer games, arts and crafts and sports. Each session will cater for up to 20 young people from 3:30pm to 6:30pm and will include transport if required.

Rotherham Parent and Carers Forum (RPCF) – Established independent forum led by parents and carers of disabled children in Rotherham, committed to improving services and making sure views of parents and carers are heard. Supported by AHDC the forum also deliver short breaks activities through family day trips. These have included a visit to Twycross Zoo on the 17th March 2009 and a special production of the Pantomime 'Cinderella' at Rotherham Civic Theatre on the 21st December 2009.

SCOPE - Weekend provision of sports and arts activities delivered in partnership with the RMBC Sports Development Team. Fortnightly Saturday afternoon sessions 1pm to 4pm targeted at young people aged 10 to 18 years old. Activities include boccia, athletics, gymnastics, drumming and arts and crafts. Each session can accommodate up to 10 young people, transport can be provided for up to half of the attendees.

Rotherham Children's Centres - There are presently eight of Rotherham's Children's Centres that offer enhanced nursery places for children aged 3 to 4

years old. Due to the age and the developmental stages of the children many of them do not have a firm medical diagnosis of need and are in many cases they are still undergoing assessment. AHDC funding will enable Children's Centres to offer parents/carers a short break from their caring responsibilities during this stressful time in their life. Families are supported to access an average of 3 hours of Short Breaks per week.

Key Achievements for 2009 - 2010

Below is a summary of our key achievements for 2009/10 as a result of AHDC funding and newly commissioned services:

- 319 disabled children now receiving Short Breaks services in Rotherham (up from 191 in 08/09)
- Of these, 115 children receiving 5,429 overnight breaks (up from 102 receiving 4,897 in 08/09)
- 143 disabled children receiving 4,815 hours of Specialist Group services (up from 10 receiving 1,545 in 08/09)
- 123 disabled children receiving 2,258 hours of Non-Specialist Group services (we had no disabled children accessing these services in 08/09)

- Parent Carers Council established & functioning
- Developmental plans for new Rotherham Carers Centre – to open April 2010
- Information Officer and Project Officer in post
- Successful Parents' and Provider events held
- Project Plan updated and has been shared with other Local Authorities as an example of good practice
- New publicity materials designed and distributed, Exchange Newsletter sent bi-annually
- Provider Forum meetings established and ongoing, linking in with Parent/Carer forum
- AHDC logo designed and agreed, AHDC website online
- Consultation events held with disabled children and young people and parents/carers to inform Needs Assessment Refresh
- Successful Fair's Fayre event held promoting Disabled Children's services in Rotherham with over 6,000 attendees
- Needs Assessment Refresh completed
- Revised Eligibility Criteria tied in with the disability register and linked into SWIFT database approved and in implementation stage
- Consultation with disabled children and young people around Capital plans. Eastwood Adventure Playground plans finalised including increased accessibility and Changing Places toilet/changing area plan agreed
- Briefing Sessions held in local areas for parents and potential providers for 2010/11 to inform about commissioning process
- BME Pilot and VCS Pilot completed with additional funding (Jan – Mar 2010)

- Eastwood Adventure Playground completed
- Bramley House refurbishment completed
- Plans agreed for Kimberworth Building to host Short Breaks services. Joint project with Rotherham Council and NHS Rotherham
- Radio adverts for Short Breaks in Rotherham linked to Families Information Service on Rother FM
- Maintained accredited training status for Early Support. Early Support integrated within workforce development strategy
- Workforce Development Programme undertaken for commissioned providers
- DVD advertising Short Breaks filmed in partnership with Rotherham NHS
- For National Indicator 54, Rotherham achieved a score of 60% which is 1% below national average for 09/10

Quotes from disabled children and young people accessing our provision

“Couldn’t be better, I’m looking forward to outdoor things in the summer. Thank you for a good time”

“All of us have the same thing (ASD) so we can all get on with one another”

“I enjoy playing video games, pool table and having snacks”

“People here are all the same. I can make friends easier”

“Its fun and everyone here has difficulties. I enjoy the trips out”

“I am more confident and able to socialise”

“This is the best youth club I’ve been to”

“It gives people with disabilities somewhere to go to chill out and have fun”

“Like it, come again”

“But I don’t want to go home, I want to stay, you go.”

Quotes from parents and carers

“He thoroughly enjoys attending and cannot wait until the next session. Thank you for entertaining him and keeping him safe. He really enjoys the art”

“I have time to call at mums or go shopping. I spend time with my other daughter”

“The group has had a great impact as he enjoys socialising with others whereas before he found it difficult to mix”

“It gives me 2 hours to take my time doing the shopping! When the weather improves my husband and myself will drop him off and go for a walk”

“He needs social interaction and the group gives him just that and so much more. He looks forward to the sessions every week”

“She enjoys these nights and can’t wait to get here.”

“He has made new friends and as he is an only child we are so happy”

“It is important to have an environment where the young person is not different or odd in comparison to peers”

“We can spend time alone with our other child and relax knowing child with ASD is safe”

“I feel better supported with a network around me like this”

“Thank you for this weekend, I feel thoroughly spoilt”

Annex 2

AIMING HIGH FOR DISABLED CHILDREN

NEEDS ASSESSMENT REFRESH 2009/10

EXTENDING AND IMPROVING SHORT BREAKS SERVICES

This project is made possible by



Aiming High for Disabled Children

short breaks programme funding



Rotherham



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INTRODUCTION/VISION

The purpose of this needs assessment refresh is to review Short Break provision that has been commissioned under the Aiming High for Disabled Children (AHDC) Agenda for 2009/10 as a result of the original needs assessment. The original needs assessment took place in 2008 and provided an evidence base for identifying service development priorities within Rotherham to inform a commissioning strategy that met our obligations under the AHDC Agenda and accompanying funding for short breaks in 2009/10.

The Government is committing significant additional funding for the second year of Aiming High delivery for 2010/11. In order to prepare for this a consultation with service users and stakeholders is being undertaken to review the additional services that have been commissioned in 2009/10, to look at strengths and weaknesses and if there are any further gaps in provision and ensure that delivery is sustainable beyond March 2011.

The commissioning strategy can then be developed for 2010/11, in partnership between the Local Authority and PCT. The timeframe for commissioning is as follows:

- (a) Undertake needs assessment refresh including mapping of supply for short break provision across the Local Authority, Primary Care Trust and Voluntary Sector, to identify any gaps and further developments (September to November 2009).
- (b) Stakeholder events and group visits to gain views of Children and Young People, Parents/ Carers and Service providers.
- (c) Undertake commissioning strategy refresh for the improving of services and dissemination of additional grants (December 2009 to January 2010)
- (d) Procure additional services as outlined in the Commissioning Strategy (February to March 2010) so that full service delivery can commence on receipt of additional funding in April 2010
- (e) April 2010 onwards to continue to monitor progress against baseline needs information and contract specifications

GENERIC INFORMATION

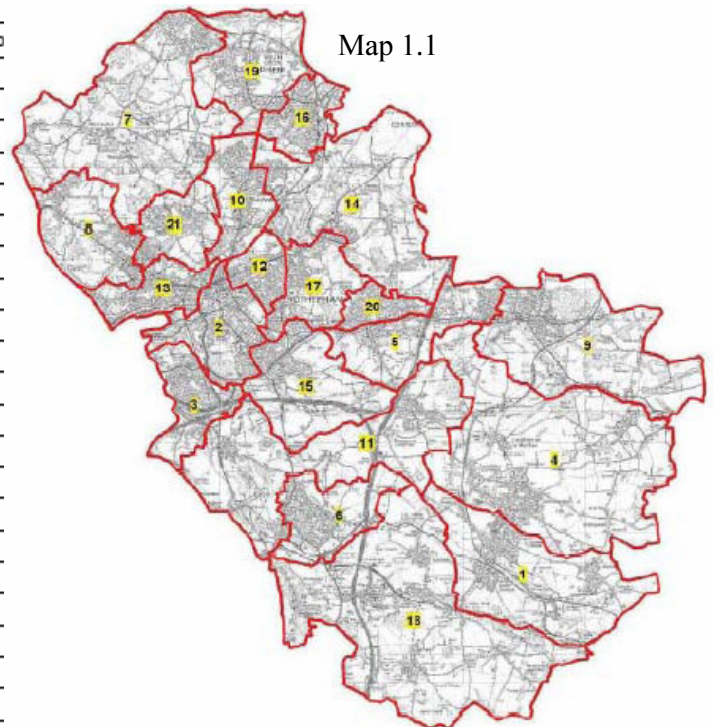
Borough-Wide Statistics

Rotherham is divided into seven Area Assemblies each covering an average population of 36,000 people. In 2004 ward boundaries were re-aligned to fit within the seven area assemblies, creating 21 wards, with an average population of 12,000 people. Map 1.1 and table 1.1 illustrate the Area Assembly and Ward Boundaries.

Rotherham Area Assembly and Ward Information

Table 1.1

Area Assembly	Ward	Map No
Rother Valley South	Anston And Woodsetts Ward	1
	Dinnington Ward	4
	Wales Ward	18
Rother Valley West	Brinsworth And Catcliffe Ward	3
	Holderness Ward	6
	Rother Vale Ward	11
Rotherham North	Keppel Ward	8
	Rotherham West Ward	13
	Wingfield Ward	21
Rotherham South	Boston Castle Ward	2
	Rotherham East Ward	12
	Sitwell Ward	15
Wentworth North	Hooper Ward	7
	Swinton Ward	16
	Wath Ward	19
Wentworth South	Rawmarsh Ward	10
	Silverwood Ward	14
	Valley Ward	17
Wentworth Valley	Hellaby Ward	5
	Maltby Ward	9
	Wickersley Ward	20



Population estimates suggest that Rotherham had a total population of 248,175 in 2001 (ONS Census 2001), of this 64,277 were aged 0 – 19. The 2008 mid year estimates, which are the most up to date population datasets available, but can not be broken down by age then gender and ward, suggest that the overall population figure for Rotherham has increased to 253,900, but the population of Children and Young People (C&YP) aged 0-19 decreased slightly to 63,000 (2008 MID Year population Estimates).

For the purpose of this Needs Assessment the 2001 Census data set has been used, it is acknowledged that this data set was compiled nine years ago and that the population of Rotherham is continually changing. However this is the only data set available that breaks population down by age, gender, area assembly and ward. The use of the 2001 data should not prove detrimental as an evidence base for service design and delivery, as highlighted above the 0-19 population changes have been minimal over the seven year period to

2008. An advantage of using this data set is that it allows estimates for prevalence around children with disabilities to be made against national research.

Chart 1.1 below outlines the Child and Adolescent population of Rotherham area assemblies and wards for the age group 0 -19 in 2001. Chart 1.2 illustrates the distribution of Children and Young People by age and gender.

Chart 1.1 Distribution of Children & young People by Ward and Area Assembly (Source: 2001 Census)

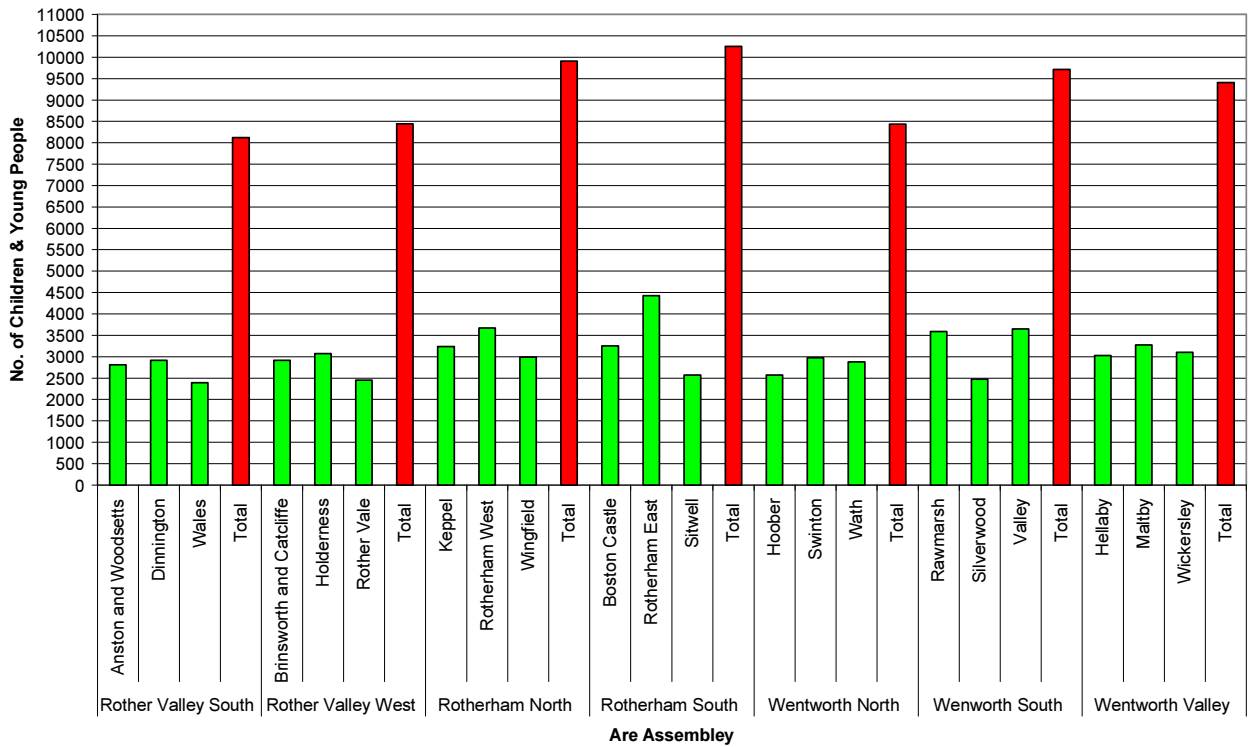
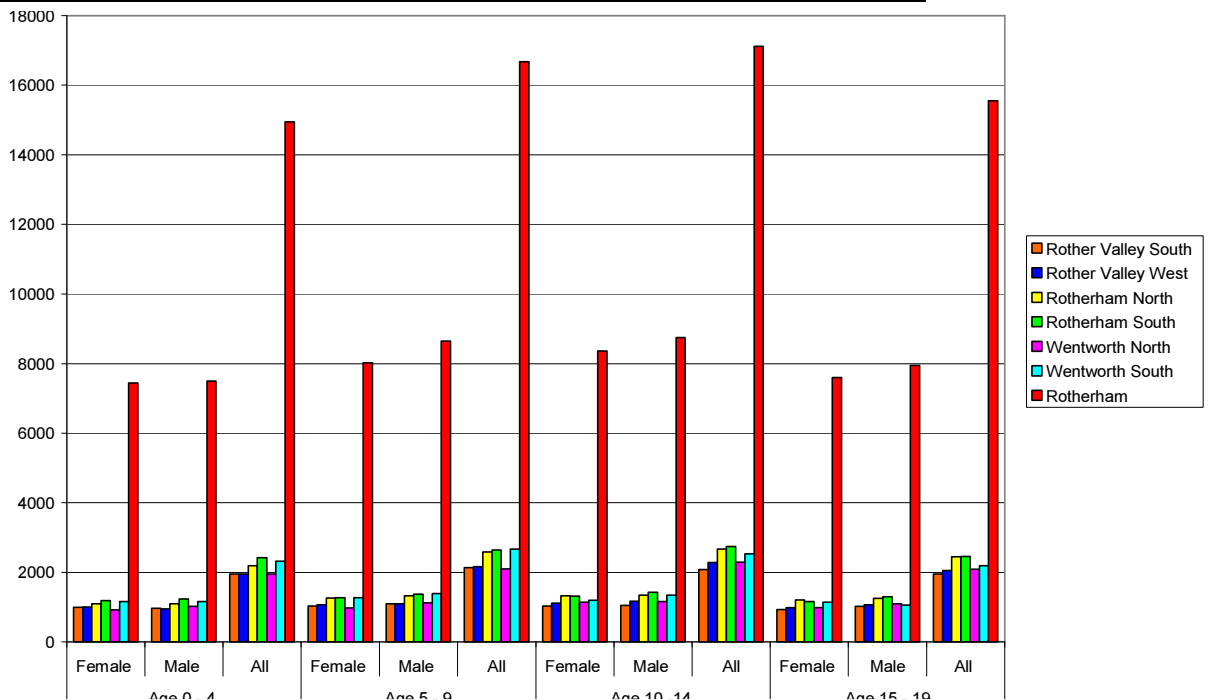


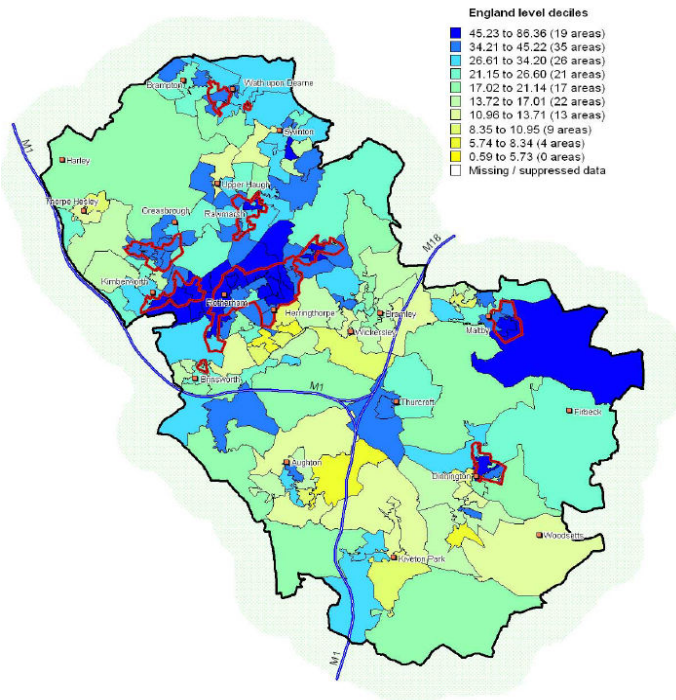
Chart 1.2 Distribution of Children & young People by Age (Source: 2001 Census)



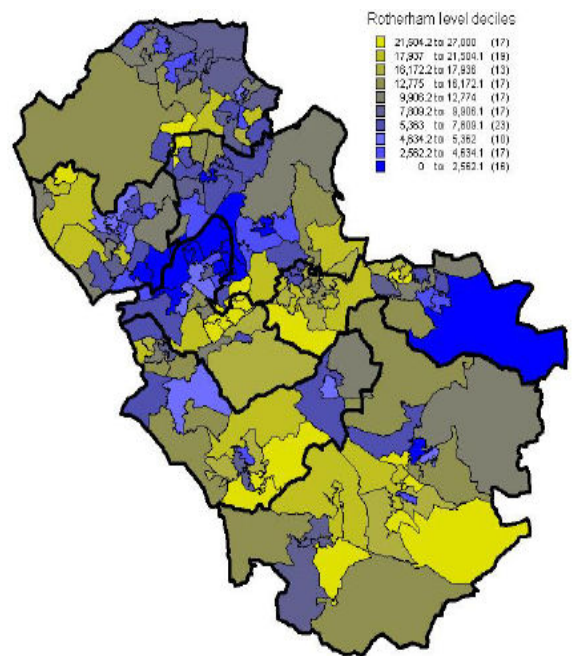
Information taken from the Rotherham Study of Deprivation 2007 shows that Rotherham has high levels of multiple deprivation and is ranked the 68th most deprived district in England out of 354 districts identified. When looking at more detailed Super Output Area (SOA) levels, 19 of the 166 SOAs across Rotherham are in the most deprived 10% of all areas in England, and 54 in the most deprived 20%. Major areas of deprivation are focused in the urban areas around Rotherham town although pockets are also seen in Maltby, Dinnington, Rawmarsh, and Wath. Neighbourhood Renewal areas have been identified for Rotherham, which take into account the most deprived areas and specific development programs have been put in place to improve these areas.

Multiple deprivation levels across the Borough are mainly driven by Income, Employment, Health, and Education. Using these domains Rotherham is currently ranked among the most deprived 20% of Districts in England. Education attainment and skill levels can indicate the highest levels of deprivation within an area, across Rotherham using this domain, parts of the Borough are ranked in the most deprived 10% of all Districts across England and more than one-quarter of the SOAs in Rotherham are in the most deprived 10% of all SOAs across England.

Map 1.2 – Rotherham Income Deprivation



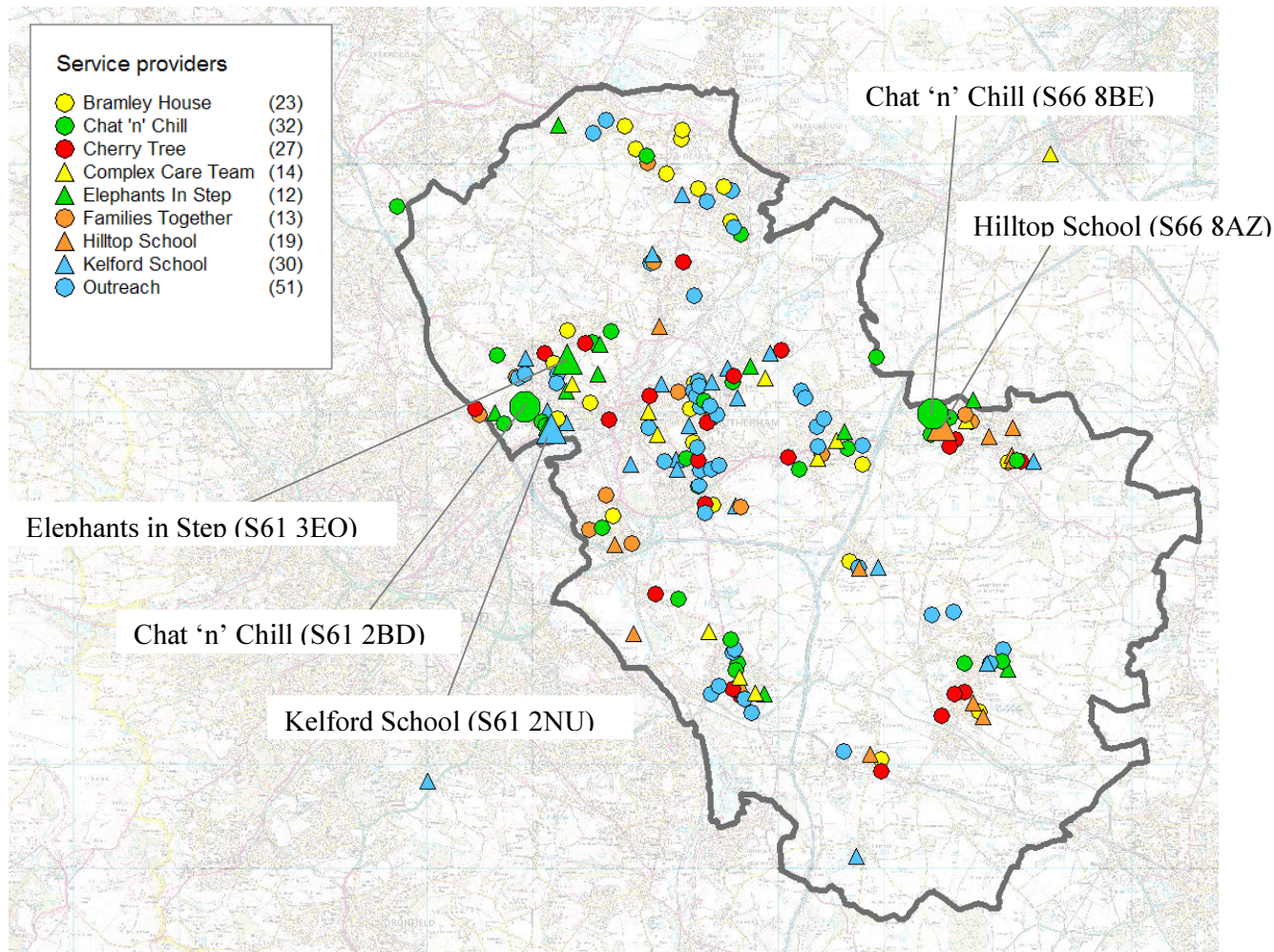
Map 1.3 – Income deprivation affecting children



Map 1.4 (over) showing service user location would indicate that there is no specific link in the relationships between disabled children and multiple deprivation areas.

Geographical Spread of Young People Accessing Short Break Services

Map 1.4 Short Breaks providers and users (September 2009)

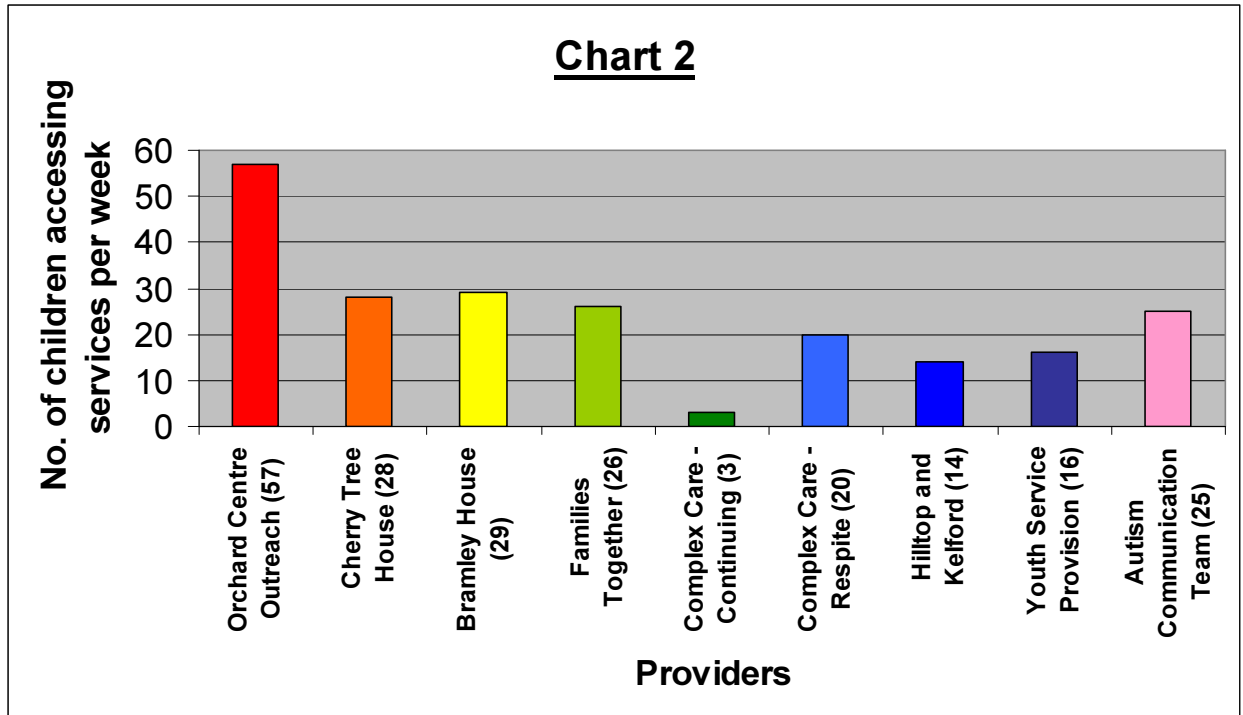


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The map suggests that service users in Wentworth North, Rother Valley and Rotherham South areas have limited local services and have to travel across the borough to access current services.

Numbers of children accessing services

Rotherham currently has 410 children registered on the Voluntary Children's Disability Register. Data collated from service providers shows the number of children and young people accessing current Short Breaks services per week as 203 (September 2009).



These figures will be shown broken down into areas of gender, age, ethnicity and complexity of need later in this needs assessment. Some children and young people are accessing more than one service which means that the provider figures (218) are slightly higher than the overall total of 203.

Rotherham Child Disability Statistics

Recent National research (June 2008) conducted by the Thomas Coram Research Unit on behalf of the DCSF (*DCSF-RR042*) states that local data available for children with disabilities suffers from a range of shortcomings. Although there is a statutory requirement under the Children's Act 1989 for local authorities to maintain a register of children with disabilities, because registration is voluntary it is not a good source of data on the prevalence and characteristics of children with disabilities.

This research reflects the position in Rotherham where it has been difficult to calculate the actual numbers of C&YP in Rotherham who have a disability as little whole service research and data collection has taken place. This baseline assessment of need will use locally gathered service data to establish a picture of children & young people with learning disabilities requiring short breaks/respite care within Rotherham.

Information from Disability Living Allowance (DLA) does not capture data specifically about families who claim DLA for their child. Details are recorded

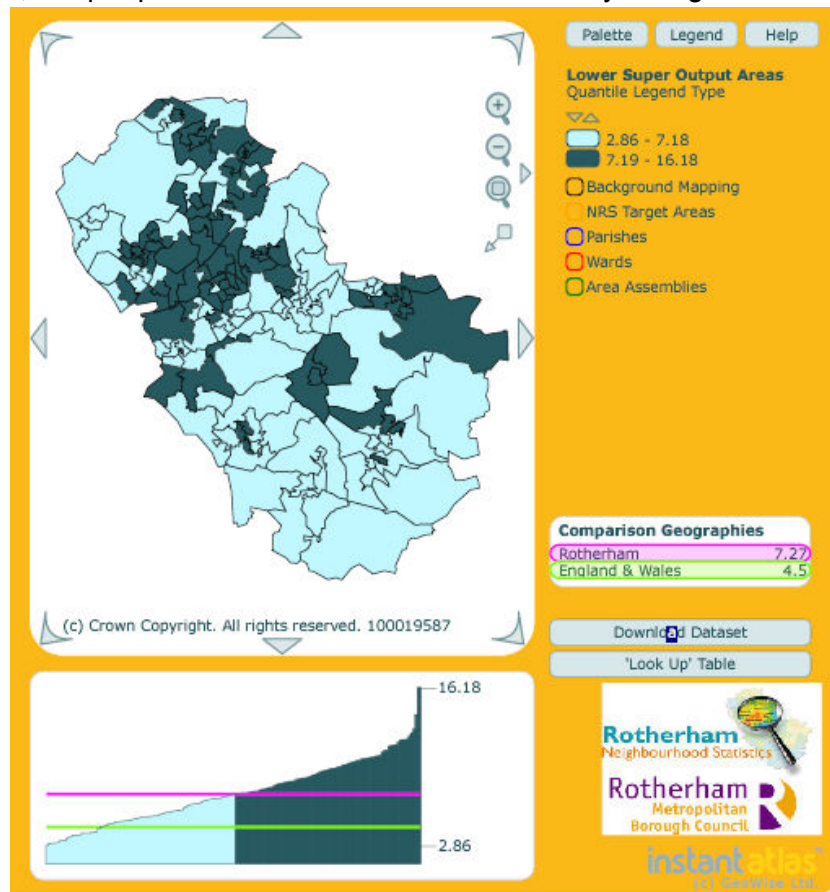
of disabled child applicable amounts where notified, but this may not be declared by claimants in receipt of Income Support or Income Based Job Seekers Allowance. Therefore the information given will only be partial and only relates to benefit claimants.

DWP Key Benefits Datasets at February 2005 – Disability Living Allowance (%)

18,300 people in Rotherham received Disability Living Allowance (DLA) in 2005

(7.27% of population, which is higher than the national figure of 4.5%).

Information from the DLA team estimates there are around 4,000 C&YP in Rotherham with a disability although there are currently only 430 children (10.8%) registered



on the Voluntary Children's Disability Register.

A new registration form for the Children's Disability Register has recently been designed and is now being promoted to parents and carers. This form was launched at the recent Fair's Fayre event promoting services for disabled people and their families in Rotherham, which was attended by 6,200 people.

Information from Rotherham Special Education Needs Team indicates there are currently 1,072 statemented children registered on the Rotherham Special Educational Needs (SEN) Register. There are other mainstream school children who are recognised as having special needs but these are dealt with via the "School Action Plus" system or individual school action plans.

Definitions

"Disability"	<p>Appendix 1 to this document sets out the Rotherham Health & Social Care short break panel eligibility criteria which gives an overview of the disability criteria used to assess children for short breaks/respice care.</p> <p>Nationally, different datasets use alternative definitions of health problems or disability, therefore defining disability is complex and contentious. Most analysis tends to use limiting longstanding illness as the core definition (Bakajal <i>et al.</i>, 2004). This definition is the most relevant to government because it attempts to reflect those who would be covered by the Disability Discrimination Act – that is those with a longstanding illness or disability which substantially impacts on their day-to-day activities. It attempts to exclude those with shorter term conditions or those where there is no impact on day-to-day activities. This definition is different from those who are claiming disability benefits – such as Disability Living Allowance (DLA) which is assessed at the point of claim and which only represents a sub-group of disabled people. (<i>DWP Disability and caring among families with children Research report 460</i>)</p>
"Short Breaks" "Respice"	<p>Short breaks, as defined by the DCSF, usually provide opportunities for disabled children and young people to spend time away from their primary carers. These include day, evening, overnight or weekend activities and take place in the child's own home, the home of an approved carer, or a residential or community setting. Short breaks can however also be provided through a temporary carer relieving the primary carer of their caring responsibilities without their being separated from the disabled child or young person.</p> <p>Short breaks normally occur on a regular and planned basis and should be part of an integrated programme of support which is regularly reviewed. Short break provision can however, also be provided on an emergency basis. No short break should exceed 28 days continuous care and total provision over a year should not exceed 120 days.</p> <p>Short break services are specialist additional services required to support disabled children and their families; in other words, short breaks services are over and above the universal services available to all families.</p> <p>Short breaks range from supporting disabled children and young people to access universal leisure-time services, through to providing specialist services at a local and regional level. In this context specialist services are services accessed by a particular group of children, i.e. disabled children.</p>
"Development"	Physical, intellectual, emotional, social or behavioural development
"Health"	Physical or mental health

“Complex Needs”

The Dfes states that children/young people with complex needs have a number of discrete needs relating to their education, health, welfare, development etc that require additional support from more than one agency.

Their needs are often chronic and may be life long. Different needs tend to interact, exacerbating their impact on the child/young person’s development and well-being. Children/young people with higher levels of need are often described as having “severe and complex needs” or “significant and complex needs”.

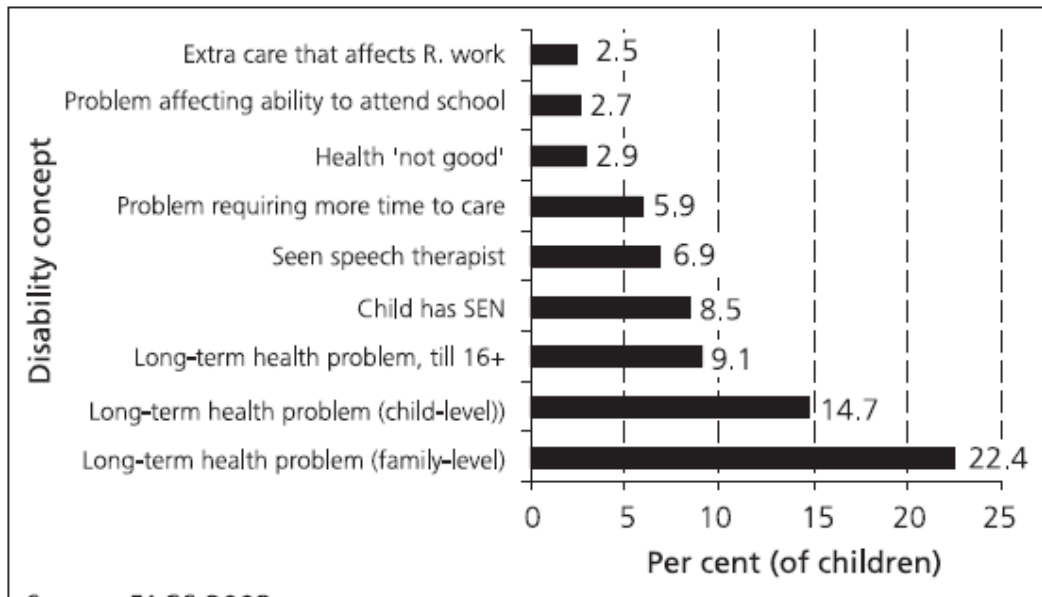
Children with complex needs will fall within these tiers of care – the interaction between the child’s needs and/or the number of needs exhibited will determine whether they have complex needs or not

Tier 4 = Acute
Tier 3 = Specialist
Tier 2 = Additional Support
Tier 1 = Universal

National Child Disability Statistics

At a national level the Department for Work and Pensions (DWP) have undertaken studies which have specifically looked at the prevalence of disabilities within Children and Young People. The report shows the number of child disability figures varying between 3 and 16 per cent. In the Family and Children Study (FACS), rates of disability may be quoted as low as 2.5 per cent, where the child has a health problem that affects the ability of the respondent to work. Alternatively, 22 per cent of families contain at least one child who the respondent describes as having a longstanding illness or disability. The range of possibilities within these two extremes is shown below, which illustrates results for a number of different questions relating to child health.

National rates of childhood disability, using different disability definitions



SPECIFIC INFORMATION FROM PROVIDERS OF SHORT BREAKS

Full Service Offer for the provision of short breaks

The Full Service Offer for the provision of short breaks under Aiming High for Disabled Children requires that there should be a full range of provision covering specific areas. In response to the requirements for the Full Service Offer, based on performance monitoring information received from providers, in this section we aim to give an overview of Rotherham services which are currently available, categorised under the headings of the Full Service Offer, together with identified gaps in service.

Rotherham Short Breaks Service Provision

FSO 7: Provision is available at the times when families and young people need breaks - this should include evenings, weekends and holiday provision, and be capable of responding to urgent care requirements

FSO 4: A wide range of short breaks, tailored to families' needs and including:

- a) overnight breaks, with care available in both the child's own home and elsewhere;***
- b) breaks during the day, with care available in the child's own home and elsewhere;***
- c) breaks in universal settings, delivered through the support of a befriending, sitting or sessional service.***

Current services available in Rotherham:

Continuing Care Team - Continuing care package children receive between 9 and 12 hour night shifts plus 6 hours per week respite care during the day.

Respite Care Team - Service is provided throughout the day until 10pm at night and also during holidays and weekends

Families Together – Service is provided 1-2 hours (short term support) to enable a parent to complete a task for this time span such as shopping or brief meetings; 2-4 hours where carers offer this frequency on an ongoing basis as an agreed level or to build toward the possibility of an overnight stay.

Orchard Centre - Cherry Tree House - A Short Break service which offers over night stays, primarily 24hr/7days a week (not operational during Bank Holidays and Christmas periods unless an emergency placement is required). Full available capacity of the centre is 5 beds + 1 emergency per night (5 x7 plus 1x7 = 42 beds per week). Cherry Tree House possesses a dedicated staff team eager and willing to diversify in order to meet the changing needs of service users.

Orchard Centre - Bramley House - A short term break unit which provides short breaks for six young people with physical and/or sensory disabilities with the provision of one emergency bed. The service provides an opportunity for the young person to spend time away from home in an environment which is appropriate to their needs. In February 2010 Bramley House will be undergoing extensive refurbishment which will enable the unit to provide respite for a wider range of children with complex needs.

Orchard Centre - Outreach Service - Provides respite care from their own premises and out in the community of between 2-4 hours a day. The Outreach Service is available to the young people on weekdays after school hours and during weekends. During the school holidays the service has the flexibility to ensure that young people can access facilities during the day time. Family support is offered through Family Support workers, family workshops and Post Diagnosis Support.

RMBC Youth Service - Elephant In Step (Summer Activity) - This is a week long summer school for 20 young people with disabilities age 13 to 18. Activities include dance, drama and visual arts.

RMBC Youth Service - Elephant In Step (Weekday Evening Activity) - Youth club for young people with disabilities age 13-18. Takes place on the third Thursday of every month 7pm to 10pm. Activities include disco, arts and crafts, karaoke and games. Transport is provided for the young people if required.

RMBC Youth Service - Habershon House Residential - A residential project to provide group based Short Breaks in the school summer holiday period for young people in 'Group A' and their immediate families, at Habershon House in Filey. 3 night, 4 day residential, transport provided.

KIDS - Haven Holidays – This trial project is called 'Giving Short Breaks a little extra' which aims to provide families with a Short Break whilst on holiday. The scheme involves a family holiday at one of two Haven holiday parks (Primrose Valley in North Yorkshire or Church Farm in Sussex) with between 10-20 hours of Short Break care and support being provided to the family whilst they are there. 3, 4 or 7 night holidays are available.

Kelford and Hilltop Federation - Aimed at pupils aged 13 to 18 to have a weekly 3 hour after-school Short Breaks session at either Kelford or Hilltop schools. Activities will include pool, snooker, TV, computer games, arts and crafts and sports. Each session will cater for up to 20 young people from 3:30pm to 6:30pm and will include transport if required.

Autism Communication Team (ACT) - Youth Club for young people aged 13 to 18 years old diagnosed with Autism Spectrum Disorder (ASD). Takes place 6:30pm to 8:30pm every Tuesday at Winterhill Young People's Centre in Kimberworth and every Thursday at Maltby Linx Youth Centre in Maltby. Opportunity for young people to play games, have fun, relax and meet other young people.

Rotherham Parent and Carers Forum (RPCF) – Established independent forum led by parents and carers of disabled children in Rotherham, committed to improving services and making sure views of parents and carers are heard. Supported by Rotherham Council the forum also deliver short breaks activities through family day trips. These have included a visit to Twycross Zoo on the 17th March 2009 and a special production of the Pantomime ‘Cinderella’ at Rotherham Civic Theatre on the 21st December 2009.

New services available December 2009 – March 2010 :

SCOPE - Weekend provision of sports and arts activities delivered in partnership with the RMBC Sports Development Team. Fortnightly saturday afternoon sessions 1pm to 4pm targeted at young people aged 10 to 18 years old. Activities include boccia, athletics, gymnastics, drumming and arts and crafts. Each session can accommodate up to 10 young people, transport can be provided for up to half of the attendees.

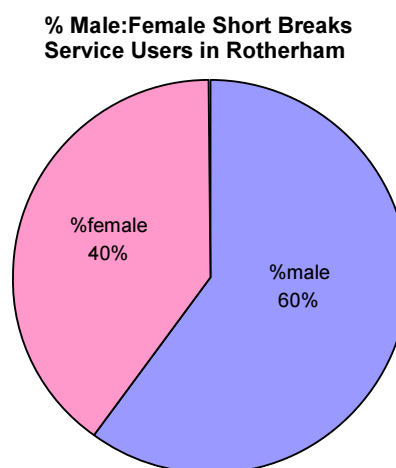
Rotherham Children’s Centres - There are presently eight of Rotherham’s Children’s Centres that offer enhanced nursery places for children aged 3 to 4 years old. Due to the age and the developmental stages of the children many of them do not have a firm medical diagnosis of need and are in many cases they are still undergoing assessment. AHDC funding will enable Children’s Centres to offer parents/carers a short break from their caring responsibilities during this stressful time in their life. Families are supported to access an average of 3 hours of Short Breaks per week.

Children Accessing Services

Chart 2 shown on page 8 indicates the number of service users per week at 203. These figures are now broken down into areas of gender, age, ethnicity and complexity of need. Percentages and figures are based on the 203 children per week reportedly accessing services.

Gender Specific Information

Service	%ma
Families Together	50
Continuing Care Team	25
Respite Care Team	55
Autism Communication Team	80
Hilltop and Kelford	70
Bramley House	55
Cherry Tree	75
Orchard Centre Outreach Service	75
Youth Service Provision	55



According to the recent survey of local authorities (Report DCSF-RR042) boys are twice as likely to be recorded disabled as girls. This is consistent with the 2005 Children in Need Census and the 2007 SEN statement figures. These findings are also consistent with secondary analysis of the Family Resources Survey (FRS) (2004-5) and the Families and Children's Study (FACS) (2004-5), which shows that prevalence of disability is higher among boys than girls. Rotherham service provider figures only show a slight increase overall of boys accessing services to girls, although the above trend can be found in a couple of services (one service has 80% male service users and another 75%).

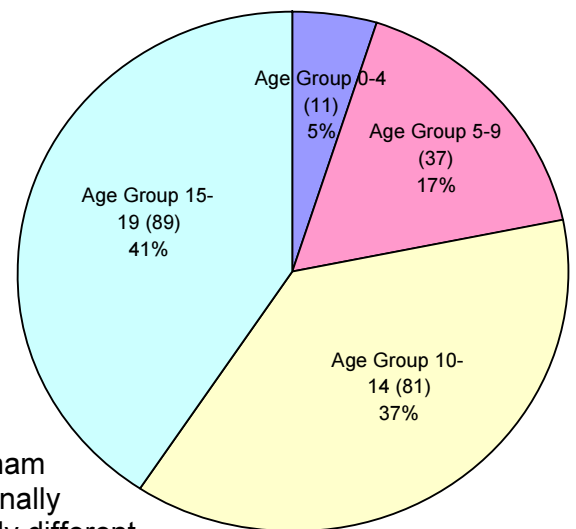
Age Appropriate Provision

FSO 8: Provide age appropriate provision which ensures that children/young people in groups A and B are not disadvantaged in accessing Short Breaks.

Relative to the 2001 Census, children under five are unlikely to be known to be disabled. This is also consistent with CIN and SEN figures.

However, relative to these figures, the TCRU survey found, on average, equal numbers of disabled young people in the age range 5-11 and the range 12-18: this is consistent with the 2001 Census, but the CIN and SEN figures both show higher numbers in the oldest age group.

The information in the chart above indicates Rotherham has relatively comparable figures to those held nationally although Rotherham ages were captured from slightly different ranges.



Service	Age of Children Accessing Service			
	0-4	5-9	10-14	15-19
Families Together	1	8	7	10
Continuing Care Team	2	1		
Respite Care Team	8	10	2	
Autism Communication Team			16	9
Hilltop and Kelford				14
Bramley House			15	14
Cherry Tree		1	9	18
Orchard Centre Outreach Service		15	24	18
Youth Service Provision		2	8	6
Totals	11	37	81	89

Ensure children/young people in groups A and B are not disadvantaged in accessing Short Breaks

In Rotherham our focus for 2009/10 has been those children and young people with a higher level of need, those who are described as having severe and significant complex needs/disability. The government refer to these children and young people as Group A and Group B (see Appendix 2 for definitions of Groups A, B & C).

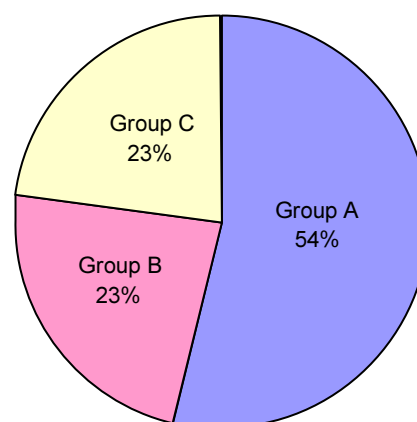
Chart and table below shows the numbers and percentages of children and young people that fall into groups A, B and C within current Short Break service providers (September 2009). Numbers shown are higher than the 203 reported service users throughout Rotherham as some children will access more than one service provider.

of Need

Service	Number of Children/Young People		
	Group A	Group B	Group C
Families Together	17	9	
Continuing Care Team		3	
Respite Care Team	3	14	3
Autism Communication Team	12		13
Hilltop and Kelford	11	3	
Bramley House	12	17	
Cherry Tree	28		
Orchard Centre Outreach Service	23	3	31
Youth Service Provision	11	2	3
Totals	117	51	50

Percentage of service users in Groups A, B & C

Rotherham has a Short Break Panel (consisting of multi-disciplinary members from both health and social care) which meets regularly to ensure that short breaks are allocated without delay and that Direct Payments are used to enable families to access a range provision with the maximum flexibility possible. Appropriate use of Direct Payments is monitored by the Children's Disability Team. The Outreach Team based at the Orchard Centre complement residential

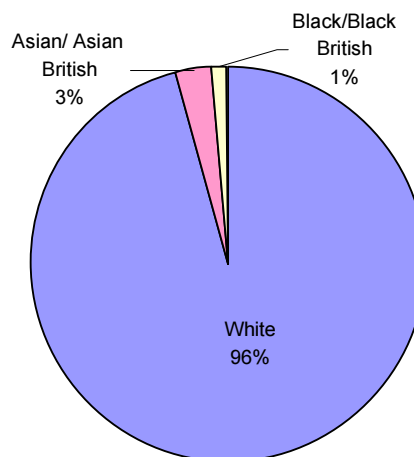


provision by providing a range of leisure activities. Since the establishment of an integrated Children & Families Special Needs Service, the Outreach Team have worked in partnership with schools and the HTHTS to contribute to a coordinated and holistic approach to provision for children with particularly complex or challenging needs.

Culturally appropriate provision

FSO6: Short Breaks Service Provision Culturally appropriate provision is sympathetic to the racial, cultural, linguistic and religious needs of disabled children and their families

2001 Census data showed that Rotherham had a total ethnic minority population of 4.1%, this being defined as people not being white British. Regionally for Yorkshire and the Humber the figure was 8.5% and nationally the figure was 13%.



When looking at Children & young peoples ethnic origin, data is collected on a much more regular basis for the 0 - 16 age range (and up to 18 if a school has a sixth form), through the annual pupil level school census. In January 2006 the ethnic breakdown amongst Children and Young People was 91.5% White and 7.5% Black or Minority Ethnic (of which 4.4% were Asian Pakistani).

Data captured from current service providers shows that 96% of service users are White British and 4% BME. This would suggest that in Rotherham the number of BME children accessing services is low.

Findings reported in Thomas Coram Research Unit Report (DCSF-RR042) were also consistent with secondary analysis of the Family Resources Survey (FRS) (2004-5) and the Families and Children’s Study (FACS) (2004-5), which shows although the numbers of disabled children from Black and minority ethnic (BME) groups were small in both the FRS and FACS, the chance of being disabled was greater for children from white ethnic groups than those from BME groups.

Service	Ethnicity			
	White	Asian/Asian British	Black/Black British	Mixed/Dual Background
Families Together	25	1	0	0
Continuing Care Team	3	0	0	0

Respite Care Team	18	2	0	0
Autism Communication Team	25	0	0	0
Hilltop and Kelford	13	1	0	0
Bramley House	27	1	0	1
Cherry Tree	28	0	0	0
Orchard Centre Outreach Service	54	1	2	0
Youth Service Provision	16	0	0	0
Totals	209	6	2	1

Well-promoted information regarding Short Break provision available in the area.

Early Years and Childcare Services

The Disabled Children's Information Officer Post is funded through AHDC. The post holder empowers parents by giving them information, guidance and advice about relevant services and at a crucial point in their child's life which assists them to make informed choices. Offers parents and carers of disabled children and children undergoing assessment access to information and Early Support with referral to suitable Short Breaks services if appropriate.

Short Break provision is promoted through the Exchange Newsletter which is sent to parents and carers of disabled children in Rotherham. A separate leaflet is also produced which gives details of all the providers of Short Breaks in Rotherham and what activities are available. An AHDC webpage has been created on Rotherham Council's internet site which gives Short Breaks information and contact details for the Families Information Service.

Direct Payments

Direct payments are used to pay for help to meet assessed needs. Examples of how people can use direct payments to meet their needs include appointing a personal assistant to support/ help with every day living skills and help with caring (e.g. respite care and taking a break from caring)

Direct Payment figures for Child Disability for 08/09 and 09/10 are shown below.

	Direct Payments for Child Disability
2008/09	£169,140
2009/10	£172,523

COMPLAINTS

RMBC COMPLAINTS 2008-2009

There was 1 complaint in this period in relation to direct payments.

The complaint went to stage 1.

Complaint stage 1

Complaint about the allocation of direct payments with respect to a nursery place. Complainant requesting £17 per week towards nursery fees. Reasons why the specific nursery had been chosen were outlined. Complainant also dissatisfied about length of time taken to come to a decision about the payment. (3 months after nursery placement began.)

Response:

In light of the fact that complainant in receipt of one to one provision at nursery for son agreed to review the allocation of direct payments and amend the payment to £17 per week.

Son was originally turned down for payments at panel as it was believed he was already benefiting from access to local community and it was felt that he did not require any additional services at his young age.

In respect of your request for reimbursement of expenses, as a gesture of goodwill and in view of the fact that son is benefiting from such a positive experience at the nursery a one off payment of 5 weeks at a rate of £17 to be made to support the costs already incurred.

GAPS – PROVIDERS

(comments refer to individual opinions and not that of the author).

- Complex Care Team - Need recurrent funding agreed to enable timely response and meet requirement re palliative care/end of life. Ring fenced monies and equity alongside adult counterparts re continuing care access and processes would improve patient and family experience and make service easier to manage in terms of flexibility, timely access thereby meeting need more effectively
- Respite Care service could be opened out to many others if it had its own funding. Currently provided by income generation.

- Cherry Tree House is restricted in its flexibility to offer varying overnights stays. Under the current structure CTH allocate set nights to parents, yet always aim to meet their needs. As with the structure of Bramley House families are able to make requests for extended/additional respite care through a day time, which will be facilitated as and where possible.
- Bramley House Service does not have the capacity to offer weeks respite to allow parents/cares to take an holiday by themselves or with other siblings. Families are able to make requests for extended/additional respite care through a day time, which will be facilitated as and where possible, yet unfortunately due to staffing and budgetary constraints this is not offered as part of the service.
- Over the previous two years the Outreach service, in partnership with the Autism Communication Team, has facilitated sibling group activity weeks for up to 20 young people. These sessions were held over a 2 week and a 5 day period respectively. There is no dedicated budget for this activity. The sessions have only been available following successful bids made for external funding.
- Outreach Service - Transitional support into adult services is limited due to the need for additional staffing hours required to allow keyworkers to carry out additional visits with corresponding services and professionals.
- Autism Communication Team - The biggest barrier to accessing our service is transport. As the group is run in two areas of the borough the distance travelled by some is quite far. Although both groups are situated on a bus route for some young people the journey would involve two buses. A lot of the young people we work with, despite their age, are not confident travelling alone on buses and for some parents this process may cause high levels of anxiety.

CONSULTATION

Consultation exercises began in March 2009. Appendix 2 and 3 give further information on consultations which took place. Below are the key findings from the views of children & young people and parents/carers.

Summary of key messages from children and young people:

- 'Youth House' at Kimberworth to have separate rooms for younger and older children. One to be a 'chill out' room (reading/arts & crafts) and one to be a games/music room.
- Adventure Playground to be accessible for all, to include large changing areas with a hoist, wide paths and ramps for wheelchairs.
- Young people would like to go on more individualised trips to restaurants, shopping, sporting events, music concerts, museums and theatre visits. To be based on their individual tastes and interests.
- Would like to have new equipment in their current service. Popular choices were more computer games, faster internet and an air hockey/table tennis/pool table.

Summary of the key messages from parents/carers:

- **Staff training and development** – Parents expressed how they want to see providers meet their child's needs whilst ensuring quality recreational activities.
- **School holidays, weekends and evening activities** – The timing of activities was a concern as parents felt the need for more support when their children were away from school.
- **Personalised and flexible provision** – Families being able to go out together, to the coast, theme parks or places of interest with experienced and trained staff.
- **Parental and family support** – This was seen as crucial; not only for parent/carer support but for siblings too as parents felt they were often unintentionally overlooked.
- **Provision for Under 8's** - When talking to parents they have mentioned how there doesn't seem to be sufficient provision for under 8's whether it's out of school, weekend, or summer hols.
- **Increased support after their child has been diagnosed** – To include information pack (with details of support groups, services and financial support available), counselling service, parenting techniques and support group for siblings.

BRIEFING SESSIONS

In January and February 2010 we held several briefing sessions at each of the localities in Rotherham. These events had a dual purpose; to inform parents and carers of Aiming High services available to them and to ask them for feedback on what new services they would like to see in 2010-11, and to give commissioning information to providers in the area that were thinking about applying for funding to become Short Breaks providers in 2010-11. These joint events worked well as parents and carers were able to meet potential providers and find out some of the issues around delivery of Short Breaks, whereas providers could talk to parents and carers and gain a better understanding of the issues they face in looking after disabled children and accessing provision.

Summary of the key messages from the Briefing Sessions:

- **Up to Date Information** – Some parents and carers didn't know about AHDC provision. Regular, up to date information needed on the activities. Doesn't have to be a glossy brochure, just photocopied flyer on a monthly basis. Exchange Newsletter too infrequent to achieve this.
- **Befriending** – Assistance needed for children and young people to go out on an individual activity. A 'buddying' scheme may be useful to help young people travelling to and from provision.
- **Mainstream Schools Isolated** – Young people attending mainstream Schools do not have the same kind of access to or levels of information as those at Special Schools.
- **Transport To and From Provision** – Need to consider transport for children and young people to and from Short Breaks provision, especially for parents and carers that don't have a car.
- **Other types of information** – Just because there is literature on AHDC services, doesn't mean that parents/carers/young people will read it. Need someone to do home visits and attend taster sessions at the provision to build confidence and trust.
- **Access to Mainstream Leisure Services** – Need support workers to help disabled children and young people to access existing mainstream leisure provision.
- **Long Waiting List for Outreach Service**
- **Very Few Activities for 0-9 Year Olds** – Most of the services in the AHDC Information Leaflet seemed to be aimed at 13-19 year olds, to look at putting on more activities for younger children.
- **More Details about Services** – Need details of competencies of services so workers and parents/carers have confidence and trust in the providers.
- **Group Family Holidays** – Parents/Carers don't always want individual family holidays. They like it when groups of families can go together on holidays and day trips. Felt Habershon House and Parent/Carer Forum

day trips worked well as families could meet people in a similar situation.

- **Projects 'Pulled' after 2011** – Parents/Carers cynical about 'Time Out' service being pulled out due to lack of funding. Concern that this will happen again to new services after March 2011. Need to look at sustainability.

RECOMMENDATIONS

The following recommendations for delivery in 2010/11 are based on the examination of the generic borough statistics, data from service providers and key messages from stakeholders, parents and carers and disabled children and young people.

RECOMMENDATIONS FROM BOROUGH STATISTICS AND SERVICE PROVIDER DATA	
1	To look at new provision based in Wentworth North, Rother Valley and Rotherham South to cater for disabled children and young people living in these areas.
2	To increase the number of services for disabled children aged 0-9 years, particularly for weekday evening, weekends and school holidays.
3	To continue to prioritise and increase the numbers of Group A and B children accessing services.
4	To increase the number of BME disabled young people and families accessing Short Breaks
5	To look at introducing a befriending service to enable disabled young people to access more individualised activities
6	To increase access to universal services
7	To continue and extend sibling support service
8	To increase the number of services offering weekend Short Breaks provision
9	To explore the options around transportation to and from Short Break provision

RECOMMENDATIONS FROM PARENTS, CARERS AND YOUNG PEOPLE CONSULTATION	
1	'Youth House' at Kimberworth to have separate rooms for younger and older children, one 'chill out' room and one music/games room.
2	To ensure Eastwood Adventure Playground is accessible for all disabled children and young people.

3	Young people would like to go on more individualised trips based on their own tastes and interests.
4	To look at new equipment for children and young people in their current services.
5	To ensure workforce development caters for children's specific needs (including complex health needs).
6	To increase the number of Short Break family holidays with a carer and ensure provision is personalised and flexible.
7	To increase support and information available for parents after their child has been diagnosed
8	To increase access to mainstream activities
9	To provide more up to date information and improve information given at mainstream Schools

APPENDIX 1

Aiming High for Disabled Children Short Break Process and criteria for Rotherham

The Government is committing significant additional funding to support the Aiming High agenda during the period 2008 – 2011. The majority of this funding is to support the extension and improvement for short break provision.

In the borough of Rotherham our focus will be in relation to those children and young people with a higher level of need, those who are described as having severe and significant complex needs/disability (Group A & B).

In addition it is our aim to support those children/families where there is a moderate level of disability to access other appropriate short break opportunities or information services (Group C).

These principles will be applied to the following groups of children and young people:

- a) Children and young people with Autism Spectrum disorder.
- b) Children and young people with complex health needs, including the technology dependant child and those requiring palliative care
- c) Disabled children and young people 0 – 18 years.
- d) Children and young people with moving and handling needs that require equipment and adaptations.
- e) Children and young people with challenging behaviour as a result of their impairment.

Referral System

An open referral system has been adopted where anyone professional or family member can refer.

Children and young people will be referred into a central and single point of access where they will be assessed as having/not having short break needs that fall with the minimum of one of the following 4 tiers. The interaction between the child's needs and/or the number and severity of needs exhibited will determine the tier and ultimately the allocation of short break hours.

Tier 1 – Enhanced needs, social outlet via universal services.

Tier 2 – Targeted support via a combination of universal and specialist services.

Tier 3 – Complex care package resulting in high frequency specialist support

Tier 4 – Crisis intervention due to circumstances or emergency which requires an immediate short break.

Some examples of Groups A, B and C.

Group A – A child with a diagnosis of Autism with severe challenging behaviour. The child is in receipt of higher rate DLA for personal care and requires specialist or targeted services.

Group B – A child with Complex Health Needs with technology dependence and significant levels of care required both day and night. Is in receipt of DLA at higher level for personal care/mobility. Requires specialist or targeted services.

Group C – A child whose condition and care requirements are described as moderate. Is in receipt of DLA.

Rigid eligibility criteria for assessment, allocation and provision of services are not set due to the potential unique combination of a child's disability, the circumstances of their home life and wider context of their social environment. Each referral will be assessed on its merits.

However there are some factors that are recognised as placing additional stresses on families and it is expected that for provision to be appropriate some or all of the following factors would be present:

- Family breakdown, either imminent or likely in the future which is due to the additional stresses caused by bringing up a child with a disability, whereby the impact would be lessened by the provision of a service.
- Significant challenging behaviour from a child with a disability beyond that which it would be reasonable to expect from a young person of that age.
- Complex medical needs requiring a significant level of care beyond that which it would be reasonable to expect when looking after a young person of that age.
- Single carer, particularly if there are other children in the household.
- Poverty poor or inadequate housing and/or neighbourhood difficulties.
- No or limited extended family network.
- Social exclusion due to the young person's lack of ability to have a new experience and/or to have acquaintances outside the professional/school arenas.
- Significant lack of opportunity for a young person to gain skills and experience to support independence appropriate to their ability.
- Discrimination due to disability which leads to significant social isolation.
- The child or young person though of school age is not in school due to condition or behaviour.

- A child or young person has a palliative or end of life support need whereby short breaks would aid child and family coping.
- High levels of personal and other care that span both day and night.

The allocation of short break hours will be determined through an assessment which takes into account the holistic needs of both the child and family.

The assessment will take into account the views and opinions of the child and family however the allocation of short break hours will be determined following the assessment process and consideration of all the relevant information.

Any support offered will be regularly reviewed according to the child and family circumstances or changes in their needs.

Once hours of short break are allocated it is foreseen that a directory of provision will help children and families choose from a variety of activities and short breaks that are on offer.

APPENDIX 2

Children & Young People Consultation

This consultation was done in partnership with the Voice and Influence Officer from RMBC (working with children age 0 to 13) and a qualified Youth Worker responsible for Voice and Influence for AHDC (age 13 to 19). A children and young people questionnaire was also included in the Exchange Newsletter which is sent out to families of disabled children and young people. The purpose of the consultation was to feedback what the children and young people said in the previous Needs Assessment consultation with Consilient in 2008, what we have done as a result of this feedback in 2009/10 and what else the young people would like to see in 2010/11. The views of approximately 55 young people were captured.

School / Source	Age range	Format of feedback
Orchard Stars (young people's participation group)	12-18 with physical & learning difficulties (5)	Flipchart Cardboard Models Laptop - visual presentation Pictures
Autism Communication Team (Chat 'n' Chill Youth Club)	13-18 year olds (29)	Flipchart Pictures
Newman Bungalow (Complex Care team holiday club)	4-5 year olds (4)	Makaton Pictures
Elephant In Step Club (Youth Club)	13-18 year olds (14)	Flipchart Pictures
Exchange Newsletter Questionnaire	5-18 year olds (3)	Questionnaire

Feedback to Young People from previous Needs Assessment Consultation with Consilient - 2008

This is what you asked for:

1. Youth House – places to 'hang out'
2. Activities that suit your age and are not 'babyish'
3. More outdoor activities and sports
4. Flexible transport – longer trips and overnight stays
5. To be asked and involved in making decisions

This is what we've done:

1. We are looking at having a 'youth house' next year, either in rooms at Kimberworth Comprehensive School or linking in to 'My Place'.
2. We now have activities that are more age appropriate for teenagers i.e. Chat 'n' Chill Youth Group and Elephant in Step Club.
3. We are making an Adventure Playground in Rotherham accessible to all young people and have sports activities at SCOPE.
4. We now have 2 Aiming High for Disabled Children minibuses. We also have overnight stays at Filey (Habershon House) and Haven holiday camp in either North Yorkshire or Sussex.
5. We are setting up a monthly Young People Steering Group from January 2010 to make sure that you have your say.

Questions and Feedback from Children and Young People Consultation 2009

Q1. What activities would you like to have in your 'Youth House' rooms at Kimberworth?

- Kitchen, cooking - place to make their own food
- Music, ipod docking stations
- Arts and Crafts space, woodwork, face painting
- TV with Sky
- Pool Table/Table Tennis
- Computer games & internet
- Karaoke
- Gardening
- Football, boxing and other sports
- Soft Play

Q2. How would you like the rooms at Kimberworth to look?

- I think there should be a quiet area with maybe books and music.
- Don't make it too small to move around
- Storage to put things away
- Clean and inviting
- Happy smiling staff
- Free activities
- How will I get there?
- Open all year round
- Different spaces for older and younger kids.
- Two different rooms - 'Chill out room' and 'Music room'

Chill Out Room	Music Room
<ul style="list-style-type: none">• Thinner carpet for wheelchairs• Water bed/normal bed• Sofas – corner sofa and big cushions• Teddies, bean bags• Dinosaur Theme• Softer colours on the walls – Blues and Greens• Dimmer switches for the lights	<ul style="list-style-type: none">• Space for a dance floor, mirror ball• Laminated Floors• Graffiti Wall• Spot Lights• Bright Colours on walls - Yellow

Q3. What would you like to see in your service?

- Better meals – fresh food not heated up in tins
- To fix the water feature in Bramley House garden
- New computers and computer games, faster internet
- New television with a larger screen
- Lego
- Sleep over
- Drum Kit
- Air Hockey table/Table Tennis table

Q4. What would you like to see in an Adventure Playground?

- Swing with a basket so they can go in it too
- Wheelchair roundabout
- Water and sand
- Arts and Crafts
- Graffiti wall
- An area to make a den
- Treehouse
- Skateboard/bikes area
- Maze

- Slide
- Football/Basketball area
- Sensory Garden
- Rock climbing wall/climbing frame
- Food/Barbeque area
- Mechanical diggers
- Bird watching area
- Zip Wire

Q5. What would stop you from using an Adventure Playground?

- Loose gravel paths – no good for wheelchairs (make the wheels spin)
- Would not access the playground by themselves. Feel the location/area the playground is in is not safe.
- Fighting/gangs
- Dog/cat litter
- Vandalism/ Litter

Q6. What would help you to use the Adventure Playground?

- Moveable Hoist (to be used in the toilets too)
- Toilets to have enough room for young person, two members of support staff and hoist
- Strengthened and raised paths
- Ramps to access bridges, tower and other activities.
- Security cameras/security guards
- Fence/wall around it
- Staff to supervise
- Warning signs

Q7. Where would you like to go on a trip?

- Trips to museums – i.e. Railway museum, Air museum, Royal Armouries
- Restaurants
- Trips to the seaside
- Cinema
- Sports Matches – Football, Ice Hockey, Horse Racing, Motor Racing
- Theatre visits/Shows/ Music concerts
- Sporting/adventure activities - Ice Skating/Boating/Horse Riding/Bowling/Paintballing
- Shopping at Meadowhall
- Trips to local places of interest - Crowden, Castleton, Bamborough, Rother Valley Park
- Disneyland Paris

APPENDIX 3

Parents/Carers Consultation

A parent and carer consultation event took place on the 17th March 2009 at the Holiday Inn Hotel in Rotherham to gain the views of parents and carers and to look at how they could assist local providers in shaping their services to enable more disabled children to access provision. Over 150 parent/carers attended the consultation event.

During the event parents were able to spend time with providers, listening to what they offered before exploring how their service could be developed to encourage more disabled children to attend.

The event also saw the launch of Rotherham Parent Carer's Forum. By the close of the event, the forum had attracted another 67 members.

Rotherham Parent Carer Forum Consultation re: 'Giving Short Breaks a Little Extra'

Following on from the Parent and Carer Consultation Event in March, the Rotherham Parent Carer Forum arranged a Family Day to Twycross Zoo on Saturday 4th of July 2009. The day was a celebration of our families and centred on fun, inclusion and mutual support. During the event families were informed of 'Giving Short Breaks a Little Extra' and asked for their initial feedback on this type of short break provision.

Giving Short breaks a Little Extra:

'Giving Short Breaks a little extra' is delivered in conjunction with KIDS and the Family Fund and aims to provide families with a short break whilst on holiday. The scheme involves a family holiday at one of two Haven holiday parks with between 10 - 20 hrs short break care and support being provided to the family whilst they are there.



Haven holidays are available at a discounted rate at either Primrose Valley in North Yorkshire or Church Farm in Sussex. 3, 4 or 7 night holidays are available. This can be paid for by the family or if they are eligible, they would apply for support from the local Authority or a grant from the Family Fund towards the cost of the holiday.

The care/support package is provided by Wilf Ward Family Trust at Primrose Valley and by KIDS Direct Short Breaks at Church Farm. Individual packages of between 10-20 hours per family are arranged. The care/support is provided by trained staff and includes staff travel to and from the location and 24/7 on call emergency support.

Feedback from families:

Overall parents/carers were very positive about the idea. Many families said they hadn't had a family holiday for years. One parent/carer whose partner was registered blind advised that whilst he was independent at home he was dependant on her in unfamiliar environments. For her a holiday represented a significant increase in caring responsibilities.

A number of families with children on the Autistic Spectrum advised they thought it was a great idea in principal but that it would probably not meet their needs. Taking their child out of their familiar environment was extremely stressful and they tended to go on 'days out' rather than holidays. One family said their child didn't access school trips because they found it so distressing to be out of their usual routine and environment. Another family accessing Direct Payments spoke of their difficulties in finding a carer that their child would accept. These families also thought it was unlikely that their child would get used to and accept a new carer within 7 days and certainly couldn't within a break of 3 or 4 days.

Several families were familiar with the Primrose Valley site and said it was good although some said there was quite a steep path to the beach that may be difficult for some families. One family that had previously been on a Butlins holiday said it had been totally unsuitable for their child, there had been lots of queuing, their child hadn't been able to access any of the children's activities and the sound level even for the children's disco and entertainer was so high their child couldn't handle it at all. Families familiar with Haven Holidays hadn't had this kind of experience.

Several families expressed concerns about how long it would take for the child and carer to get to know each other. Several said they thought they would feel comfortable about a carer going out with them as a family or being alongside them if their child was not ready to go off with the carer. One family questioned if the child would stay with the unfamiliar carer or would be happy to leave the family to do an alternative activity. Several felt the sex of the carer would be important in the child's ability to develop a relationship quickly.

Several parents/carers spoke about going away with family members who helped with providing care. A single parent with a physically disabled son said she had never been able to go on holiday without her parents. She felt it would be fantastic for herself and her son to go away together and to be able



to have some time on her own. 3 families said they didn't think they would need to access help from a carer while they were on holiday.

One family advised that Family Fund was not available for families where the disabled young person was over 16 years and would potentially exclude 16-18 year olds. Another family said they didn't think they would be eligible for Family Fund but thought it was a great idea and would be willing to pay for help from a carer while on holiday. Several families said they would value being able to tap into a pool of carers who could support the family on day trips or in other venues. This had been available on some of the Time Out activities and there were several calls for this to be reinstated.

One family said their difficulties were particularly around the break in routine during the school holidays and felt short, fun activities which could be delivered between 9.00am -3.00pm even for 1 day per week would make a big difference. They had been very disappointed that their child was now too old to access this via their local Children's Centre.



Two families stressed the need for the carer to access medical training. They questioned if they would be able to leave their child with a carer who did not have nursing training.

Some families had already accessed Family Fund for holidays but said they had been able to go abroad and would prefer to do this than access a carer but stay within Britain. Others said the need for a washing machine, play equipment for the garden or driving lessons would be a higher priority for them than a holiday.

The families we spoke to were attending a family event and so were likely to be positive about doing an activity as a family rather than wanting their child to access a

short break separately.

Families were asked if they would be willing to take part in a trial of the provision. In addition a number of families on the 'Outreach' waiting list were contacted to see if they too would be interested in being part of a trial. A group of 9 families have been identified, some of whom had more than one child with disabilities. These families have agreed to provide feedback on their experiences and will be accessing the provision between August '09 and June '10.

Families not eligible for support from the Family Fund to access the provision will be assisted through the Aiming High for Disabled Children grant.

Annex 3 AHDC Commissioning Strategy Key Commissioning Actions - 2010/11 Refresh

Objective	Actions	Performance Indicators/measures	Responsibility	Resources	Risks
Engagement with parents and disabled children & young people					
The new eligibility criteria for short breaks is clear, understandable and well publicised	<ul style="list-style-type: none"> Fully implement revised eligibility criteria Publicise the new arrangements to parents/carers, young people and the CYPS Workforce through various communication routes 	<p>Revised eligibility criteria fully operational by 1 April 2010</p> <p>Parental satisfaction with an eligibility criteria that is clear and understandable</p>	Peter Rennie/ Alan Jevons/Marie Noone	Staff time	No budget, only staff time
To ensure that there is a sustainable parents forum in Rotherham, which has direct influence on shaping short break provision	<ul style="list-style-type: none"> There is continued parent representation at the Short Breaks Group Continue funding to meet parent forum running costs and parent expenses Encourage parents forum to become sustainable, through building project management and funding skills 	<p>Parents are directly influencing the shape of provision through a parents forum that is constituted as per their wishes.</p> <p>Parental satisfaction with the above process</p>	Pip Wise Voluntary Action Rotherham	£2,000	There is a lack of engagement
To ensure that young people have a direct influence on shaping short break provision	<ul style="list-style-type: none"> Continued funding of the 0.3 WTE AHDC Young People's Involvement Post Fund sessional Youth Worker to assist in Establish a fund for young 	Young People are directly influencing the shape of provision through an appropriate mechanism	Kerry Byrne	£10,000 (0.3WTE post) £2,000 (activities)	There is a lack of engagement

	<p>people's involvement running/activity costs</p> <ul style="list-style-type: none"> • Increase the number of young people attending the Young People's Steering Group • There is young person (or advocate) representation at the Short Breaks Group 	<p>Young People's satisfaction with the above process</p>		<p>budget)</p>	
<p>To ensure that there is a dedicated information/Communication service</p>	<ul style="list-style-type: none"> • Continue to fund the Information/Communication Officer post, with key duties to include the provision of information, guidance and advice to young people and parents around short breaks. • To fund 0.5 WTE of the Communication Co-ordinator post, with key duties to oversee the provision of information, guidance and advice to young people and parents around short breaks. • To fund a 0.5WTE Administrative Officer post, to support the information/ communication service in the timely dissemination of information and communication materials 	<p>Information/Communication Officer in post by 1 April 2009</p> <p>There is up-to-date/accurate information and advice, with a marked increase in the number of people accessing short breaks</p>	<p>Peter Rennie/ Jackie Parkin</p>	<p>£32,000 approx + on-costs (1WTE)</p> <p>£15,000 (0.5 WTE)</p> <p>£13,000 (0.5WTE)</p>	<p>Capacity to deal with increased volumes</p>
<p>To ensure that young people and their parents/carers have</p>	<ul style="list-style-type: none"> • Negotiate with existing Short Break providers to undertake home visits and taster sessions 	<p>Short Break service providers assisting families in the access to</p>	<p>Peter Rennie/ Paul Theaker/ Ian Atkinson</p>	<p>Within existing budgets</p>	<p>Capacity to deal with increased</p>

<p>the confidence and trust to access Short Break services</p>	<p>with new entrant YP and their parent/carer.</p> <ul style="list-style-type: none"> • Include the above requirement within 2010/11 commissioning documentation for new provision • Process agreed and workforce development issues addressed. 	<p>short breaks, through providing confidence building for first time entrants</p> <p>Young People and Parent/ Carer satisfaction with the process</p>		<p>There may also be a need to increase capacity in certain key services</p>	<p>volumes</p>
<p>To ensure that there is an effective short breaks communication strategy</p>	<ul style="list-style-type: none"> ○ Review the 2009/10 Communications Strategy, identifying the key elements of communicating short breaks provision to parents and young people. To include internet, libraries, media and through local statutory and voluntary services e.g. GP surgeries and VAR • Develop a quality branded brochure of provision, which gives clear information on eligibility and how the varied provision meets particular needs • Continue to commission branded short breaks materials and associated literature • Ongoing review of information provision 	<p>Short breaks communication strategy in place by June 2009.</p> <p>Quality communication materials, including a short breaks brochure, developed</p> <p>Marked increase in the number of information requests and take-up of short breaks</p>	<p>Information/ Communication Officer / Communication Co-ordinator</p> <p>Ian Atkinson/ Paul Theaker</p>	<p>Staff time</p> <p>£15,000</p>	<p>Capacity of staff</p> <p>Ensuring that information is up-to-date</p>

Offer a significantly greater volume of Short Break Service Provision

<p>Disabled Children and young people have equal access to mainstream/ universal provision</p>	<ul style="list-style-type: none"> • Review accessibility issues with key services – to include Young People’s and Leisure Services • Develop a plan for improved accessibility, with SMART targets and cost implications • Identify training needs of the CYPS workforce 	<p>Improved access to mainstream services with measurable outcome of specialist services being able to prioritise most complex needs as a result of capacity being freed-up.</p> <p>There is sustainable access to mainstream /universal provision</p>	<p>Short Breaks Group</p>	<p>Staff time</p> <p>£50,000</p>	<p>Mainstream services are not fully engaged</p>
<p>To ensure that disabled young people are fully able to access the My Place Youth Provision</p>	<ul style="list-style-type: none"> • Continue to have dialogue with the Young People’s Service • The needs of disabled young people are fed into the My Place development process 	<p>Young people access My Place and they are satisfied that it meets their request for a Youth House</p>	<p>Peter Rennie/ Ian Atkinson/ Paul Theaker</p>	<p>Staff time</p>	<p>My Place facilities not fully accessible</p>
<p>To ensure that residential overnight stays are effectively targeted</p>	<ul style="list-style-type: none"> • Evaluate the effectiveness of the re-configured Orchard Centre provision, which now caters for the most complex cases in line with AHDC criteria • Evaluate the effectiveness of the re-focussed Orchard Centre provision, which undertakes more preventative measures to mitigate placement breakdown. 	<p>Through evaluation and ongoing performance measures, it is evidenced that::</p> <p>The Orchard Centre caters for the most complex cases in line with AHDC criteria</p> <p>Placement breakdowns</p>	<p>Peter Rennie/ Alan Jevons</p>	<p>Refurbishment/ Adaptation costs (see capital)</p>	<p>Re-focussed service does not bring about required change</p>

		are mitigated by the focus on preventative measures			
Ensure that appropriate outreach provision is available	<ul style="list-style-type: none"> Continue to fund 3 x family support workers in the Outreach Team (over & above existing levels), to increase capacity Formulate an action plan to reduce waiting times for the service – particular emphasis on strategies to encourage YP and their parents/carers to access follow-on Short Break services. 	<p>Through performance measures, it is evidenced that: there is a substantial increase in targeted support</p> <p>Waiting lists are significantly reduced through YP moving-on and in so doing, freeing up capacity.</p>	Peter Rennie/ Alan Jevons	£51,500	Re-focussed service does not bring about required change
<p>To successfully increase the number of family based overnight stays</p> <p>To successfully increase family based day care provision</p>	<p>Continue to Commission RMBC Families Together to increase capacity by at least 100% (from 15 to 30 carers and increasing number of young people cared for from 34 to at least 70) :</p> <ul style="list-style-type: none"> Continue to employ an additional 1 WTE Social Worker to meet demand Payments to carers budget increased in light of increased number of carers 	<p>Additional Social Worker in post</p> <p>Through performance measures, it is evidenced that: the increased number of carers and placements are realised</p>	<p>Paul Theaker/ Ian Atkinson</p> <p>Sue May/ Simon Dewick</p>	<p>£40,000</p> <p>£90,000</p>	Increased resources do not bring about required increase in provision
To ensure that whole families have the opportunity to go on	<ul style="list-style-type: none"> Research the various holiday provisions available Consider whether we could 	There are a range of quality holiday break options for families to	Elena Hodgson/ Peter Rennie/ Ian Atkinson/	£30,000	Insufficient number of providers

<p>holiday for a break</p>	<p>commission holiday provisions, attracting discounted rates</p> <ul style="list-style-type: none"> • Consider the level of contribution that would be made • Submit paper to DLT for consideration 	<p>access</p>	<p>Paul Theaker</p>		<p>Costs are too prohibitive</p>
<p>To successfully increase group based short breaks during the day through specialist provision</p>	<ul style="list-style-type: none"> • Through the employment of 3 additional Family Support workers, increase the number of group activities in accordance with young people's/parents requests • Maximise the use of new dedicated space within the Kimberworth building (see Capital section) • Increase the uptake of short breaks, through age specific provision 	<p>A diverse range of age appropriate group activities are delivered.</p> <p>Increase in uptake of short breaks evidenced</p> <p>YP/ parent satisfaction with provision</p>	<p>Peter Rennie/ Alan Jevons</p>	<p>See <i>Outreach section</i></p>	<p>Increased resources do not bring about required increase in provision</p>
<p>To successfully increase group based short breaks during the day through non-specialist provision</p>	<ul style="list-style-type: none"> • Re-fresh specification for the provision of flexible group based short breaks, so that it responds to young people's and parents requests outlined in the 2010/11 Needs Assessment. <p>Specification to include school holiday, weekday evening, weekend activities and a befriending service.</p>	<p>There are a range of providers delivering high quality short breaks as per the wishes of young people and their parents/carers.</p> <p>There is a significantly enhanced geographical spread of provision – particularly in the North</p>	<p>Paul Theaker/ Ian Atkinson</p>	<p>£450,000</p>	<p>Limited number of providers are engaged</p>

	<ul style="list-style-type: none"> • Invitation to tender issued (May 2010) • short break provision in place with an increased number of providers 	<p>and South of the borough.</p> <p>There is a range of provision for 0-8 year olds</p>			
To ensure that there is a short break service that is able to respond to short notice	<ul style="list-style-type: none"> • Agree model of provision for a short break service that is available at short notice and is also able to provide tailored/individualised short breaks. 	Model for short notice provision agreed and in place	Simon Dewick/ Julie Devine/ Alan Jevons	120,000	The cost of 24 hour / emergency provision is prohibitive
Ensure that there is flexible transport provision to meet the increase in short break provision	<ul style="list-style-type: none"> • Through the 2010/11 commissioning process, ensure new providers are geographically wide spread, in order to minimise travel issues 	There is an easily accessible and responsive transport service that meets increased demand	Peter Rennie/ Craig Ruding Ian Atkinson/ Paul Theaker	To be determined	Transport arrangements do not adequately meet demand
Direct Payments					
To maximise the uptake of direct payments/ individualised budgets	<ul style="list-style-type: none"> • Promote direct payments for the full range of services, through the communications strategy • Develop an effective system for monitoring direct payments and the services provided 	There is a significant and measurable increase in direct payments	Peter Rennie/ Marie Noone	To be determined	Increased uptake is not realised
To ensure that services purchased	<ul style="list-style-type: none"> • Map out individual short break providers 	There is an evidenced increase in the quality of	Peter Rennie		Providers do not take up

through Direct Payments are of a high quality	<ul style="list-style-type: none"> Encourage these providers to attend core competency training (see Workforce Development) and achieve a quality kite standard 	service provided			the offer of training
Capital projects					
There are suitable premises in a central location that offer an age appropriate resource for undertaking group short break activities and have dedicated space for young people to develop a Youth House	<ul style="list-style-type: none"> Ensure that the areas within the old Kimberworth Comprehensive building for Short Break provision – accessible and stand alone area, comes to fruition Young people to design their own youth space (emphasis on under 13 provision) Staff, parents and other stakeholders to design the group work areas Refurbishment underway <p>Young people and parents involved at every stage of the development</p>	There are dedicated areas within the Kimberworth building where young people have their own space, age appropriate group activities take place and are accessible by both statutory and voluntary groups	Ian Atkinson/ Peter Rennie	£210,000	Capital funding is not in place
There is a dedicated facility where transitional work with	<ul style="list-style-type: none"> Develop a plan for converting a property into a home style environment to teach life skills/ 	There is a dedicated facility for transitional work with young people	Ian Atkinson/ Peter Rennie/ Paul Theaker	£140,500	The property is not released for

young people can take place	<p>independent living or as a potential specialist emergency / crisis intervention facility</p> <ul style="list-style-type: none"> • Submit plan to JLT for consideration • Purchase and refurbishment of the property 				<p>this purpose</p> <p>Costs are too prohibitive</p>
The Orchard Centre caters for the most complex cases & there is an improvement to the physical environment	<ul style="list-style-type: none"> • Monitor that the remaining refurbishment work at the Orchard Centre is on track • Monitor that the Orchard Centre garden development is on track 	Re-Configured Orchard Centre caters for the most complex cases & there is an improvement to the physical environment.	Peter Rennie/ Alan Jevons	£50,000	
Workforce					
To ensure that essential posts are in place	<ul style="list-style-type: none"> • Continue funding key posts – including Project Officer and Communications Officer posts 	Key personnel in place	Peter Rennie/ Paul Theaker/ Ian Atkinson	Staff time	
To ensure that there is a competency/training	<ul style="list-style-type: none"> • Identify the key competencies required for the workforce • Develop a key competencies 	Training programme in place and workforce trained to the standards	Peter Rennie/ Jackie Parkin	Staff time £30,000	Staff capacity

g framework in place	<p>framework which sets a standard for the training of staff in services commissioned for disabled children</p> <ul style="list-style-type: none"> Map out the development needs based on the key competencies 	outlined in the framework			
To ensure that inclusive working practices are further developed	<ul style="list-style-type: none"> Include key competencies in the C&YP Workforce Development Strategy Consider training requirements of the overall C&YP workforce in terms of promoting inclusive practice Training programme in place 	Training programme in place and mainstream workforce trained to the required standard	Peter Rennie	Staff time Training costs	Poor take-up of training
Commissioning and market development					
To ensure there is a Short Breaks Group in place	<ul style="list-style-type: none"> Re-visit Terms of Reference to ensure that the group is fit for purpose – membership to include continued parent and young people representation 	Short Breaks Commissioning Group continues to meet monthly in 2010/11 and is fit for purpose	Ian Atkinson/ Paul Theaker	Staff time	YP and parents/care rs are not sufficiently engaged
To ensure that there is a robust Short Breaks	<ul style="list-style-type: none"> Develop contracts for all service developments Monitor contracts via quarterly 	There is a robust commissioning process	Ian Atkinson/ Paul Theaker	Staff time	Staff capacity

commissioning process in place	<p>performance and financial monitoring meetings</p> <ul style="list-style-type: none"> • Quarterly performance fed into the Short Breaks Commissioning Group • Undertake a Needs Assessment refresh annually • Update annual programme plan in line with need • Consider contractual changes in line with changing need and commissioning and/or de-commissioning • Publicise the commissioning cycle to all key stakeholders 				
To ensure that there is a range of diverse service providers	<ul style="list-style-type: none"> • Continue to work with Voluntary Action Rotherham to ascertain the key elements of stimulating market development • The 2010/11 commissioning round engages with a diverse range of providers • A diverse range of new providers are in place • Monitor how the market is developing and provide flexible support to providers 	There are a range of quality short break providers	Ian Atkinson/ Paul Theaker / Paul Robinson	Staff time	<p>Staff capacity</p> <p>Limited number of providers are engaged</p>
Sustainability of the Short Breaks	<ul style="list-style-type: none"> • 2010/11 Commissioning round to focus on the sustainability of 	There are a range of sustainable projects	Ian Atkinson/ Paul Theaker/	Staff time	The programme

programme	projects <ul style="list-style-type: none">• Needs Analysis re-fresh to be undertaken in September/October 2010• 2011/12 Commissioning Strategy to focus on programme sustainability		Peter Rennie		is not flexible in dealing with cost pressures
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Annex 4

AHDC Short Breaks Programme 2010 -2011



AHDC SHORT BREAKS 2010 - 2011

Summer/School Holiday Activities

Scope

Val Allan
Kirk House
Browning Road
Herringthorpe
Rotherham
S65 2LG Tel:01709 830820

School holiday provision of sports and arts based activities in partnership with the RMBC Sports Development Team.

Targeted at 10-18 year olds, there will be programme of activity sessions, within school holidays, commencing Summer 2010 through to March 2011. This will comprise of the following;

- 6 days during Summer 2010
- 1 day during October Half-term 2010
- 2 days during the Christmas break 2010

Each of the Holiday programme days will contain two sessions, running from 9.30am to 12.30pm and 1pm to 4pm. Each session will be able to accommodate up to 10 young people and there is a half hour slot available in between the two sessions for lunch if young people are staying for two sessions or the changeover.

The multi-Sports and Arts sessions will be held either at Scope's Rotherham base, using the outdoor space or indoor facilities, or at a range of local sports facilities organised by the Sports Development Team.

The range of activities that young people can participate in include: mini skills circuits, boccia, new age kurling, athletics, gymnastics, IT, drumming and arts and crafts. Scope will be able to provide transport for up to half of the attendees.

Autism Communication Team

Contact ACT on 01709 336421 or 01709 336422



Chat n Chill Youth Group – Summer Residential

For children aged 13 to 19 years old diagnosed with Autism Spectrum Disorder (ASD)

2 day summer residential during the school holidays for young people attending ‘Chat n Chill’ Youth Group (See Weekday Evening section for more information)

RMBC Youth Service

Kerry Byrne
Youth Work Manager
Rotherham International Centre
Simmonite Road
Kimberworth Park
Rotherham
S61 3EQ Tel: 01709 515424

Elephants In-Step – Arts Week

An exciting week-long summer school for 20 young people with disabilities aged 13 to 18, will be offered. Activities will include dance, drama, singing, drumming and visual arts. On the Friday, parents and carers will be invited to a BBQ with a chance to view the young people’s work and performances.

The sessions will take place at 3 different locations as follows:

- Elephants In Step – International Centre - 2nd - 6th August 2010
- Monkeys Whiskers – Thrybergh Youth Club - 16th - 20th August 2010
- Cats Miaow – Treeton Youth Club - 23rd - 27th August 2010

Each session will start at 10am and end at 4pm (2 x 3 hour sessions, with lunch and refreshments provided). Transport will be provided for attendees.

Residential

A residential project to provide a group based Short Break in the School Holiday for young people in “Group A” and their immediate families, at Habershon House in Filey. Transport will be provided for attendees.

The provision is aimed at the 14 to 19 age group and comprises:

1 x 5 day/4 night residential – 9th - 13th August 2010

Continuing Care Team

Tel: 01709 302454

Contact Gail Smedley

Newman Bungalow Summer Play Scheme

The Complex Health Needs Team provide a respite service during the school holidays, through utilising the bungalow at Newman School to accommodate several children at any one time and to give the children the chance to interact with each other.

Access: Children are already known to the Complex Care Nursing Team.

RMBC Youth Service

Kerry Byrne
Youth Work Manager
Rotherham International Centre
Simmonite Road
Kimberworth Park
Rotherham
S61 3EQ Tel: 01709 515424

**Elephants In-Step – BME Project**

The Youth Service, working in partnership with REMA and Time 4 Play, are running 3 days of Short Breaks for up to 10 disabled young people from BME families aged between 13 and 18 years old and their siblings and parents/carers. The full day sessions will take place during the school summer holidays July/August 2010. The venue and times will be negotiated with parents and carers.

The young people who participate will be invited to the Eid party as a celebration event in September. All sessions will be lead by nationally qualified bi-lingual youth workers. Transport will be provided for attendees.

RMBC Youth Service

Colin Gratton-Rayson
Outdoor Learning Youth Work Manager
Rotherham International Centre
Simmonite Road
Kimberworth Park
Rotherham
S61 3EQ Tel: 01709 515407

**Outdoor Sailing and Canoeing Activities**

The Youth Service are offering sailing and canoeing for young people with disabilities aged

between 13 and 18 years old and their siblings (minimum 8 years old) and parents/carers. The sessions will take place from Monday 16th August to Friday 3rd September with 2 sessions a day (09:30-12:30 & 13:30-16:30).

All sessions will be lead by qualified instructors from Rotherham Youth Service Outdoor Learning team, offering one to one support to disabled young people when sailing. Specialist equipment will be provided. Transport is available for attendees as and when required.

Haven Holidays / Wilf Ward Family Trust / Kids

Contact: Pip Wise, Parent Partnership
Tel: 01709 823627

Short Breaks

As part of 'Aiming High for Disabled Children' Rotherham Local Authority has been looking at developing the provision of Short Break services for children and young people with additional needs and their families. One of the packages currently being looked at is called 'Giving Short Breaks a little extra' which aims to provide families with a short break whilst on holiday. The scheme involves a family holiday at one of two Haven holiday parks with between 10 - 20 hrs short break care and support being provided to the family whilst they are there.

How it works

Haven holidays are available at a discounted rate at either Primrose Valley in North Yorkshire or Church Farm in Sussex. 3,4 or 7 night holidays are available. This can be paid for by the family or if they are eligible, they could apply for support from the local Authority or a grant from the Family Fund towards the cost of the holiday.

The care/support package will be provided by Wilf Ward Family Trust at Primrose Valley and by KIDS Direct Short Breaks at Church Farm. Individual packages of between 10-20 hours per family will be arranged. The care/support is provided by trained staff and includes staff travel to and from the location and 24/7 on call emergency support.

The Authority is considering a trial of this Service with a number of families and has requested that those interested contact Pip Wise from Rotherham Parent Partnership Service on (01709) 823627

Early Years Inclusion Outreach Service

Aughton Early Years Centre
Main Street
Aughton
Sheffield
S26 3XH Tel: 0114 2872530
Contact: Carole Johnson



Short Breaks Summer Activity

Children aged 0-5 who have been referred for Early Years Inclusion Outreach Advice and

their families will be supported to access an additional average of 4 hours of Short Breaks per week during the 5 week Summer holiday. They will receive enhanced staffing appropriate to their individual needs.

Weekday Evening Activities

Independent Local Solutions (ILS)

Unit B6, Taylors Court
Parkgate
Rotherham
S62 6NU
Contact: Phil Rees
Tel: 01709 912422



Short Break Activities

Independent Local Solutions (ILS) are a consortium made up of the following voluntary and community sector organisations that will be putting on various Short Break activities from July 2010 to March 2011:

- Activate Youth Club
- Chantry YMCA
- Open Minds Theatre Company
- United Multi-Cultural Centre
- Families of Rotherham East (FORE)
- Rotherham United Community Sports Trust
- Swinton Lock

The range of activities will cater for children and young people of all age groups from 0 – 18 years. For a full list of activities or for further information please contact Phil Rees on the above number. Transport will be available if required, provided through Community Transport Services.

Kelford School

Nick Whittaker
Headteacher
Oakdale Road
Kimberworth
Rotherham
S61 2NU Tel: 01709 512088

The aim of the service is to assist young people aged 13-18 in accessing at least a weekly 3 hour Short Break session at Kelford School. Each session will cater for 10 young people or more and will draw initially from those at present receiving no short break provision.

The sessions will start in July 2010 and continue until March 2011. Each session will last

from 3.30pm to 6.30pm and will include transport if required.

Activities will be planned initially by appropriate staff, until a young person's steering group begins to develop its own. All activities will model a traditional youth club setting and will include activities such as pool, snooker, TV, computer games, social areas, physical activity/sport and craft type activities.

Hilltop School

Peter Leach
Headteacher
Larch Road
Maltby
Rotherham
S66 8AZ Tel: 01709 813386

The aim of the service is to assist children & young people aged 7 to 18, in accessing at least a weekly 3 hour Short Break session at Hilltop School. Each session will cater for 10 young people or more and will draw initially from those at present receiving no short break provision.

The sessions will start in July 2010 and continue until March 2011. Each session will last from 3.30pm to 6.30pm and will include transport if required.

Activities will be planned initially by appropriate staff, until a young person's steering group begins to develop its own. All activities will model a traditional youth club setting and will include activities such as pool, snooker, TV, computer games, social areas, physical activity/sport and craft type activities. There will also be a trip or visit each term organised by the young people.

Autism Communication Team

Contact ACT on 01709 336421 or 01709 336422

Chat n Chill Youth Group

For children aged 13 to 19 years old.
Diagnosed with Autism Spectrum Disorder (ASD)
Come and join us every Tuesday or Thursday
6.30pm to 8.30pm 50p per session

Tuesday
Winterhill Young People's Centre
Little Common Lane
Kimberworth,
Rotherham S61 2BD

Thursday
Maltby Linx Youth Centre
Lilly Hall Road

Maltby
Rotherham S66 8BE

Play games, meet other young people, have fun and relax. Access via Self Referral

National Autistic Society (NAS)

Contact: Cheryl Wilson
Tel: 01709 320173



NAS Rotherham Activity Club

**For children aged 6 to 13 years old.
Diagnosed with Autism Spectrum Disorder (ASD)**

Monday Evenings 5pm - 7pm, Willows Special School (Term-time only)

The NAS Rotherham Branch is continuing to deliver an out of school activity club to children and young people who have a diagnosis of an autistic spectrum condition. The club enables young people to socialise in a safe environment with trained staff and volunteers to assist them. Activities include indoor games, computer activities and outdoor activities. There will also be a monthly bowling activity for the young people and their families.

RMBC Youth Service

Kerry Byrne
Youth Work Manager
Rotherham International Centre
Simmonite Road
Kimberworth Park
Rotherham
S61 3EQ Tel: 01709 515424



Elephants In-Step – BME Project

The Youth Service, working in partnership with REMA and Time 4 Play, are running a youth club for up to 10 disabled young people from BME families aged between 13 and 18 years old. The sessions will take place once a month on a Tuesday evening between 5:30pm – 7:30pm at the International Centre.

Activities will include healthy eating, arts and crafts 'quiet time', aromatherapy/hand massage, drumming and drama. Siblings within the age range and parents/carers are welcome to attend the sessions should they wish. All sessions will be lead by nationally qualified bi-lingual youth workers.

Transport will be provided for attendees.

RMBC Sports Development

Amy Roden
Senior Sport & Physical Activity Development Officer
2nd Floor, Bailey House
Rawmarsh Road
Rotherham
S60 1TD Tel: 01709 822489



Increasing Access to Mainstream Sports Activities

The RMBC Sports Development team, working in partnership with the Rotherham Disability Sports Forum, are looking to increase access for disabled children and young people to existing Sports Clubs and Sports Centres in Rotherham.

Activities and taster sessions for disabled children and young people will be set up in mainstream Sports Clubs at various days and times between August 2010 to March 2011. Contact Amy Roden on the above number for further information.

Weekend Activities

RMBC Youth Service

Kerry Byrne
Youth Work manager
Rotherham International Centre,
Simmonite Road,
Kimberworth Park,
Rotherham S61 3EQ Tel: 01709 515424

The provision of regular monthly youth groups in an inclusive setting for groups A and B young people. This will take the following form:

- Three Youth Groups per month at the following venues:
Elephants In Step – International Centre
Monkeys Whiskers – Thrybergh Youth Centre
Cats Miaow – Treeton Youth Centre
- The provision will be available to young people between the ages of 13 and 19.
- Each group will run once a month from 7pm to 10pm and will primarily be aimed at young disabled people in Groups A and B.
- The activities within the provision will be age appropriate and will include disco, karaoke, healthy eating supper, arts and crafts, 'quiet time', aromatherapy/hand

massage and drama.

- Young people will be involved in the planning of activities and will select the themes of specific theme nights throughout the year.

The next sessions are as follows:

Good Vibrations Beach Party BBQ

- Friday 15 July 2010 Cat's Miaow Club, Treeton 7.00 pm to 10.00 pm
- Thursday 22 July 2010 Monkey's Whiskers Club, Thrybergh 6.00 pm to 9.00 pm
- Thursday 29 July 2010 Elephant's In-Step Club 7.00 pm to 10.30 pm

For more information about any of the above events or to pre book please contact:

International Centre: Tracey Donnelly on 01709 515400 or Claire Haddon
01709 515404

Cat's Miaow: Trevor Grossett (0114 2695286)

Monkey's Whiskers: Jeanette Hamilton (01709 851131)

RMBC Youth Service

Colin Gratton-Rayson
Outdoor Learning Youth Work Manager
Rotherham International Centre
Simmonite Road
Kimberworth Park
Rotherham
S61 3EQ Tel: 01709 515407



Outdoor Sailing and Canoeing Activities

The Youth Service are offering sailing and canoeing for young people with disabilities aged between 13 and 18 years old and their siblings (minimum 8 years old) and parents/carers. The sessions will take place on the following dates: 21st August, 4th September, 2nd October, 9th October and 31st October.

Each of these dates will have 2 sessions a day (09:30-12:30 & 13:30-16:30).

All sessions will be lead by qualified instructors from Rotherham Youth Service Outdoor Learning team, offering one to one support to disabled young people when sailing. Specialist equipment will be provided. Transport is available for attendees as and when required.

Scope

Val Allan
Kirk House,
Browning Road,
Herringthorpe

Rotherham
S65 2LG Tel:01709 830820

Weekend provision of sports and arts based activities in partnership with the RMBC Sports Development Team.

Targeted at 10-18 year olds, there will be programme of activity sessions taking place fortnightly on a Saturday, commencing 3rd July 2010 through to March 2011.

Each of the Saturdays will contain two sessions, running from 9.30am to 12.30pm and 1pm to 4pm. Each session will be able to accommodate up to 10 young people and there is a half hour slot available in between the two sessions for lunch if young people are staying for two sessions or the changeover.

The multi-Sports and Arts sessions will be held either at Scope's Rotherham base, using the outdoor space or indoor facilities, or at a range of local sports facilities organised by the Sports Development Team.

The range of activities that young people can participate in include: mini skills circuits, boccia, new age kurling, athletics, gymnastics, IT, drumming and arts and crafts. Scope will be able to provide transport for up to half of the attendees.

Weekday / Weekend Activities

Friendship 2 Inclusion

Contact:

Rziah Asif (New Life - Navi Zindagi) 07989105716

Nasreen Azizz (SAFRA) 07756239426

Nick Whittaker (Kelford School) 01709 512088



**New for
2010!**

BME Befriending Service

Kelford School, New Life and SAFRA have formed a new partnership called Friendship 2 Inclusion, to provide a Befriending Service supporting BME families of disabled children across Rotherham to access Short Breaks activities.

This support will include Befriending surgeries, outreach and home visits to families, taster sessions and an advisory group.

For more information please contact Rziah, Nasreen or Nick on the above details.

Families Together Scheme

Social Care Team

4th Floor

Crinoline House

Rotherham

Tel: 01709 742340

c/o Simon Dewick
Contact simon.dewick@rotherham.gov.uk

Parents of a Disabled Child

Can take a valuable, sometimes necessary break from caring responsibilities, comfortable with the knowledge that their child is enjoying time with a carer.

If your child has a diagnosed disability you can apply for an assessment for a short break to allow you to shop for a few hours or spend time with a sibling or just relax and recharge your batteries.

Carers can offer a short break in your home too.

All requests for Families Together Short Break provision need to be approved by Rotherham Short Break Panel.

**Contact Access Team on:
(01709) 382121**

Interested in being a Carer?

Please contact our recruitment worker on (01709) 823976.

A worker will visit your home to discuss arrangements to enable you to proceed, subject to satisfactory checks. Allowances are payable to cover expenses.

The Orchard Centre – Outreach Team / Family Support

Orchard House Children's Centre
St Bedes Road
Masborough
Rotherham
S60 1HD Tel: 01709 380574

Outreach Service provides disabled children and young people with flexible good quality childcare and family support, designed to promote confidence. This is achieved by providing a stepping stone to accessing social outlets within the child's local community and by providing new and stimulating activities and experiences.

Family Support is offered through:

- Direct Family Support Work
- Family Workshops
- Post Diagnosis Support

All requests for Outreach Short Break provision need to be approved by Rotherham Short Break Panel.

Early Years Inclusion Outreach Service

Aughton Early Years Centre
Main Street
Aughton
Sheffield

S26 3XH Tel: 0114 2872530
Contact: Carole Johnson



Short Breaks Enhanced Activity

Children aged 0-5 who have been referred for Early Years Inclusion Outreach Advice and their families will be supported to access an additional average of 3.5 hours of Short Breaks per week. They will receive enhanced staffing appropriate to their individual needs. The activity will take place between July 2010 and March 2011.

PLAY IN THE PARK – FAMILY FUN & ACTIVITIES

Clifton Park – Saturday 31st July & Sunday 1st August 10am – 4pm

Grab nannan & granddad, pack a picnic and bring the whole family down to Clifton Park – come and join in the fun, meet a selection of Aiming High for Disabled Children providers and attempt the challenge of the ZORB!!!

It promises to be a fun packed filled weekend and will have activities for **all** children and young people aged between 0-19 years. There will be sport activities, games, arts & crafts, giant snakes & ladders, connect 4, dance, trampolines, bungee jump and lots more. Rotherham's Major Rose McNeely will also be making an appearance though there's no guarantee that she'll take the challenge of the ZORB!!!

Come rain or come sunshine, we hope to see you there.

Special parking arrangements for **blue badge holders only** within Clifton Park entrance via Middle Lane. **Free taster vouchers** will be available at the event for children and young people to access Aiming High for Disabled Children's normal programme of activities between August – Dec 2010.

The Play in the Park event is partly funded by the Aiming High for Disabled Children Programme of Funding.